**AGENDA**

**Savvy Professional in Dementia Care Workshop**

**Alzheimer’s Resource of Alaska**

8:00 to 8:30 Registration and Sign-in – Refreshments

8:30 to 8:45 Welcome

8:45 to 9:15 Re-defining professional roles/responsibilities

1. Identifying vision
2. Paired conversations: Leadership

9:15 to 10:00 Revisiting standards of best practice in dementia care

1. Ethical principles
2. Key principles in person centered care

10:00 to 10:15 Break

10:15 to 12:30 Refining understanding of Alzheimer’s Disease

1. The experience of living with dementia
2. Identifying changing needs and capabilities
3. Providing effective support through communication and activity assistance

 Rethinking challenging behaviors as expression of needs

1. Understanding behavioral triggers
2. Identifying non-pharmacological response options

12:30 to 1:00 Lunch on site

Agenda for Savvy Professional in Dementia Care

Page 2

1:00 to 2:00 Reshaping care environments

1. Whose responsibility is it?
2. Understanding home
3. Providing meaningful activity
4. Removing communication barriers

2:00 to 2:30 Refining understanding of family and direct service workers

1. Identifying stressors; supporting strengths
2. Family and direct service workers as allies

2:30 to 2:45 Break

2:45 to 3:30 Refining understanding of the multidisciplinary team

1. Exercise: Creating a plan of care for Mrs. Valdez

3:30 to 4:30 Putting it all together – Meet Mr. McNally

1. Creating a plan of care
2. Are care environments a barrier to quality care?

4:30 to 5:00 Learning Circle Discussion: Where to go from here?

Post-Pre test

 Evaluation