



April Health Aide of the Month

Connie Walker of Holy Cross got a cake and a visit from President/CEO Dan Winkelman and SI Martha Attie (right) on June 14. Connie’s husband David joined the celebration.

Each month, YKHC awards special recognition to an outstanding Health Aide. If you would like to recognize a particular Health Aide, contact the Field Supervision Instructor at 543-6160.



Photos by Mitchell Forbes.

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SAVE THE DATE

July 15.....Next Messenger Deadline
 July 19–20... Governing Body Meets
 Aug 18Finance Committee
 Aug 18–19 ...Executive Board Meets

QUYANA

Congratulations to everyone who participated in the 2016 Bethel Half Marathon on June 11, 2016! Despite the rain and wind, we had a record number of participants with 72 people.

The Bethel Half Marathon would like to send out a quyana to our sponsors—YKHC Diabetes, Sammys, AC, Swansons, BCSF, Michelle Dewitt, & YKHC Nicotine. We would also like to thank the ton of volunteers who made the race possible—Chris, Michelle, Ellen, Garvey, Amber, Kevin, Eileen, Bean, Sarah, Nicole, Jaime, Mike, Santana, Mari Carmen, Atlas, Eric, Roxanne, Judy, & Mary.



Half marathoners take off in the rain June 11.

RESOURCES

YKHC Website: www.ykhc.org

YKHC main switchboard 543-6000
Toll Free 1-800-478-3321

APPOINTMENTS

Outpatient Clinics (Yukon, Kusko, Delta) 543-6442
Dental 543-6229
Optometry 543-6336
Audiology 543-6466

SUBREGIONAL CLINICS

Aniak 675-4556
Emmonak 949-3500
St. Mary's 438-3500
Toksook Bay 427-3500
Hooper Bay 758-3500

SERVICES

Inpatient (North Wing) 543-6330
Pharmacy 543-6382
Physical Therapy 543-6342
Women's Health 543-6296
Irnivik Birthing Center 543-6346
Behavioral Health Services 543-6100
 Substance Abuse Treatment PATC 543-6730
 Sobering Center 543-6830
 Developmental Disabilities 543-2762
Emergency Room 543-6395
Office of Environmental Health & Engineering
 Injury Control & EMS 543-6420

ADMINISTRATION & SUPPORT

Administration 543-6020
Human Resources 543-6060
Public Relations 543-6038
Travel Management 543-6360
Facilities & Maintenance 543-6203

BETHEL & REGIONAL RESOURCES

Public Health Nursing 543-2110
Tundra Women's Shelter 543-3444
Alaska State Troopers 1-800-764-5525

The Messenger is a monthly publication produced by the Yukon-Kuskokwim Health Corporation's Public Relations Department as a report to Tribal Members.

For questions, comments, submission of articles, or subscription information, write to Messenger Editor, Yukon-Kuskokwim Health Corporation, P.O. Box 528, Bethel, Alaska 99559; or call 907-543-2232. E-mail: michael_faubion@ykhc.org.

Deadline is the 15th of the month, or the preceding Friday if the 15th is on a weekend, for publication on the First of the next month.

The Messenger is also available for download on our website at www.ykhc.org/messenger.

Please ask permission to reprint articles or pictures.

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Message from the President/CEO Financial Viability

I hope you are having a safe and enjoyable summer! This month's Messenger will provide information about YKHC's finances.

Over the last two years, and after much work by the Board of Directors, leadership, specialty teams and all employees, YKHC established processes and protocols to ensure our revenue streams and expenses stay close to budget. This exceptional teamwork in fiscal year 2014 produced YKHC's most financially successful year in its history.

As a result, employees received a company-wide 2.5% raise last year, the first in four years. YKHC also was able to purchase \$1 million worth of new and vital health care equipment in 2015, the first capital budget of new equipment in four years. We are also doing better than expected this year financially. I thank each and every YKHC employee for making this possible! While there is always the chance of unexpected federal or state revenue decreases that would be out of YKHC's control, we nevertheless strive to have operations produce a positive margin. As the popular business saying goes, "without a margin, there is no mission."

This is especially true for the next several years as we embark on our journey to high reliability. High reliability science reduces errors and thereby increases safety and quality. A major tactic to achieve higher reliability at YKHC is the Paul John Calricaraq Project (PJCP). The PJCP is a partnership with the Indian Health Service (IHS) in which YKHC pays for renovation of the hospital and construction of a new primary care clinic and staff housing, and IHS agrees to additional staffing for the facility. Successful completion of the PJCP also demands that YKHC keep positive cash flows and margins throughout the new clinic construction and hospital renovation.

Over the past year, we worked with our architects, engineers and general contractor on the design of the new facility. All hospital departments have been represented. In addition, our Board of Directors and tribal members from most of YKHC's membership have participated in its design. Our architects visited five different villages to engage tribal leaders in discussions to ensure our Yup'ik, Cup'ik and Athabascan cultures inform the PJCP's design and function.

I am also very excited to implement a new best practice that invites and engages a cohort of customers to review our progress to date and participate in the design of the PJCP. This will ensure our new facility is customer-centered.

Regarding the construction of the PJCP, we are in the process of securing two types of financing. First, our long-term financing of this \$300+ million project is mostly in place. Second, over the last several months we have been



Dan Winkelman, President/CEO.

YKHC Board of Directors

Unit 1



Mary Ayunerak
Alakanuk



Michael Hunt, Sr.
Kotlik

Unit 2



Geraldine Beans
St. Mary's



James C. Landlord
Mtn. Village

Unit 3

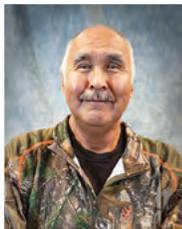


Billy Jean Stewart
Kalskag



Betty Turner
Lower Kalskag

Unit 4



Phillip K. Peter, Sr
Kwethluk



Mildred Evan
Akiachak

Unit 5



Stan Hoffman, Sr.
Bethel



Gloria Simeon
Bethel



Hugh Snyder
Bethel



Chris Larson
Napaskiak

Unit 6



Esai Twitchell, Jr.
Kasigluk



Robert Enoch
Tuntutuliak

Unit 8

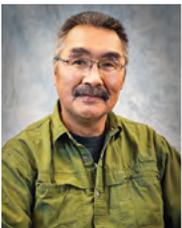


James Charlie, Sr.
Toksook Bay



James Sipary
Toksook Bay

Unit 9



Patrick Tall
Chevok



Maria Theresa Friday
Hooper Bay

Unit 10



Joshua Cleveland
Quinagak

Unit 11



Marvin Deacon
Grayling

FINANCIAL VIABILITY from p. 2

diligently working on an agreement for interim construction financing in the amount of \$100 million. The interim construction financing will be paid off in full by the long-term financing when construction is completed. Securing a commitment for the interim construction financing is expected to take more time. The PJCP will be a “go” only after all necessary financing is secured.

Over the next several months, you can expect updates on the progress of the PJCP via our Messenger and through other communications. I again thank each and every YKHC employee for our successful financial turnaround and their continued service to the people of our region.

Respectfully,

News Notes

Bob Duford returns to Bethel

Please welcome Robert Duford as the new Facilities Manager for the Hospital. Bob comes to us from Kailua-Kona, Hawaii, where he supervised the maintenance staff for the Hilton



Bob Duford.

Grand Vacation Club. Prior to that he was the facility manager at Providence Alaska Medical Center in Anchorage.

As the new Hospital Facilities Manager, Bob is responsible for the Maintenance and Biomed departments. The Maintenance Department manages the facility to ensure a safe functional environment for our patients and staff. Unlike many hospitals, our maintenance program also runs two state-certified water treatment plants

The Sunshine Vitamin

Not only does this warmer weather mean boating, camping, and fishing, it also means increased sun exposure and therefore more vitamin D synthesis!

Vitamin D is an essential nutrient needed for mineral regulation and bone growth. When there's not enough vitamin D your bones can actually weaken or not develop properly. This causes rickets in children and osteomalacia, osteopenia, and osteoporosis in adults. Research is also exploring the relationship between vitamin D and depression, blood sugar control, cognition, and chronic diseases.

Vitamin D—the sunshine vitamin—is made in the body when the skin is exposed to sunlight. This makes vitamin D a very important nutrient in our region, as sunlight is often hard to come by. Roll up those sleeves and pant legs in the high noon sun for 20–60 minutes to start synthesizing. But be

careful—overexposure to sunlight may increase risk for skin cancer.

Luckily, there are ways to get vitamin D when there isn't enough sunlight or if you're concerned with overexposure. These include taking supplements and eating enough of the right foods. Talk with your healthcare provider today about your vitamin D needs!

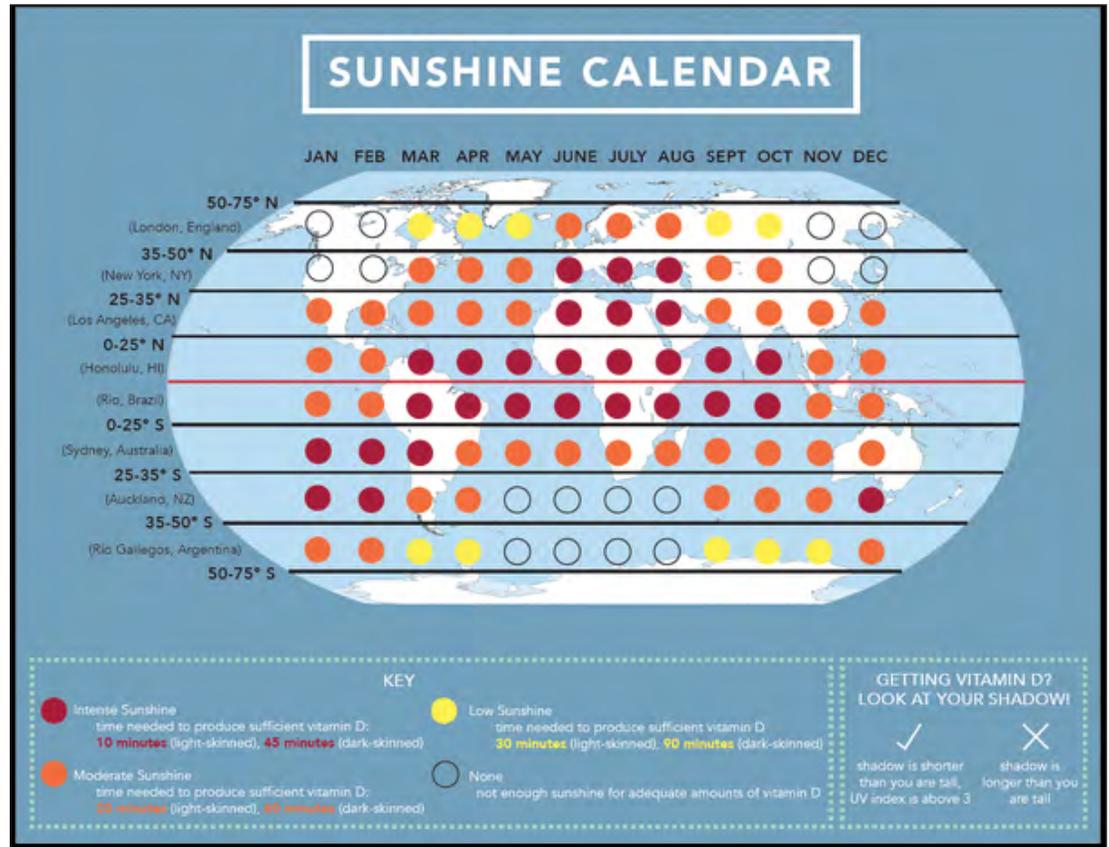


Image from vitaminday.net

Float Coats, PFDs, and More at the IP Store!

The Injury Prevention Store and Coffee Shop has summertime outdoor gear in stock. Check out the store for all of your PFD, float coat, and other summer safety needs.

With a wide variety of styles and sizes, there is sure to be something for every member of the family!

We also carry ATV helmets, gun cabinets, and of course, delicious Kaladi Brothers Coffee! The Injury Prevention Store is conveniently located on the first floor of the CHSB building ("New YK") and can be reached at 543-6556 or 1-800-478-6599.

All injury prevention gear ships FREE to YK Delta villages.

Examples of Foods with Vitamin D

Food, serving size	IUs per serving
Cod liver oil, 1 T	1,360
Red salmon, cooked, 3 ounces	447
Red salmon, with bone, canned, 3 ounces	649
Silver salmon, with bone, canned, 3 ounces	369
King salmon, with skin, kippered, 3 ounces	39
Orange juice fortified with vitamin D, 1 cup (read label)	154
Milk, nonfat, reduced fat, and whole, vitamin D fortified, 1 cup	115-124
Sardines	46
Liver meat, 3 ounces	42
Egg, 1 large including yolk	41
Fortified cereals (read label)	40

Recipe of the Month

Wild Alaska Salmon Quiche

Serves 6-8

Ingredients

1 pound of canned salmon, drained, reserve liquid
 1 cup low fat sour cream or plain Greek yogurt
 1/2 cup shredded cheddar or Swiss cheese
 1/2 teaspoon dried dill
 2 tablespoons chopped fresh parsley
 3 eggs, beaten
 1/4 cup mayonnaise
 1 tablespoon grated onion
 your favorite hot pepper sauce to taste
 1/2 teaspoon salt
 several grinds of fresh pepper
 1 ready-made pie crust



Instructions

1. Preheat the oven to 325 degrees. Drain the salmon, reserve the liquid. Add enough water to the liquid to make 1/2 cup.
2. Flake the salmon, and add to a bowl with all the rest of the ingredients except the crust.
3. Place the pie crust on a cookie sheet. Then pour the quiche ingredients into the crust. Bake for 45-50 minutes until the center is firm.
4. Enjoy!

Recipe and image adapted from www.alaskapublic.org

Want to quit tobacco?

Alaska's Tobacco Quit Line is a free service that provides Alaska adults ages 18 and over with confidential support services to help them quit tobacco. Those thinking about or trying to quit can call the Quit Line as often as they like and are eligible to receive four support calls from a quit coach.

Alaska's Tobacco Quit Line also offers free nicotine replacement therapy to all eligible Alaskans who enroll in the program.

Enrollment is easy and can be done over the phone at **1-800-QUIT-NOW** (784-8669) or online at www.alaskaquitline.com.

Culture of Safety ~ Culture of Care

Slips Trips and Falls

Most people have a friend or relative who has fallen, or maybe you've fallen yourself. The risk of falling, and fall-related problems, rises with age and is a serious issue in homes and communities.

Join us in making our surroundings safer by using this check list to make sure you don't have hazards in your common locations for falls and familiarizing yourself with these fall prevention tips.



Common Locations For Falls

- Doorways
- Ramps
- Cluttered hallways
- Areas with heavy traffic
- Uneven surfaces
- Areas prone to wetness
- Unguarded heights
- Unstable work surfaces
- Ladders
- Stairs

Fall Prevention Tips

- Clean up all spills immediately
- Stay off freshly mopped floors
- Secure electrical and phone cords out of traffic areas
- Remove small throw rugs or use non-skid mats to keep them from slipping
- Keep frequently used items in easily reachable areas
- Arrange furniture to provide open walking pathways
- Keep drawers and cabinet doors closed at all times
- Install handrails on all staircases on both sides
- Remove tripping hazards (paper, boxes, books, clothes, toys, shoes) from stairs and walkways
- If you have young children, install gates at the top and bottom of stairs
- Ensure adequate lighting both indoors and outdoors
- Remove debris from exterior walkways
- Adjust gutter downspouts to drive water away from pathways
- Periodically check the condition of walkways and steps, and repair damages immediately
- Never stand on a chair, table or other surface on wheels

Source: http://www.nsc.org/NSCDocuments_Advocacy/Fact%20Sheets/Slips-Trips-and-Falls.pdf

Spotlight on Financial Viability

Revenue Outlook FY2016

YKHC's Financial Viability team selected two goals for fiscal year 2016—which began October 1, 2015 and ends September 30, 2016. The first goal is to collect \$79 million in Net Patient Care Revenue. Net Patient Care Revenue is how much YKHC collects from patient visits in a fiscal year.

By the end of May, 2016, YKHC had collected \$66.08 million, about 25 percent ahead of the year-to-date goal of \$52.67 million. Year-to-date measures the time from the beginning of the fiscal year to present. This means that collections are already at 84 percent of the annual goal with four months left in the fiscal year. This is the healthiest collection year YKHC has on record.

Some Revenue Cycle highlights include a record-breaking low in Accounts Receivable days and Coding Inventory. The Revenue Cycle is the process from when a patient makes an appointment, receives health care services, is billed for care provided, and any costs associated from the visit are collected by YKHC.

The Accounts Receivable goal—which is how much YKHC has outstanding to collect from private insurance or other payers—is the amount of dollars averaged into a representation of days. YKHC's goal is to reach 50 days, meaning the organization collects cash payment for health services closely



to the time of visit. At the end of May, YKHC's Accounts Receivable was at 39.3 days, or 26 percent ahead of goal. The Coding Inventory goal—which represents the build-up of patient encounters that still need to be coded—is set at 4,000. Again, by the end of May, YKHC was at 2,780, or 31 percent ahead of goal.

see FINANCIAL VIABILITY, p 11

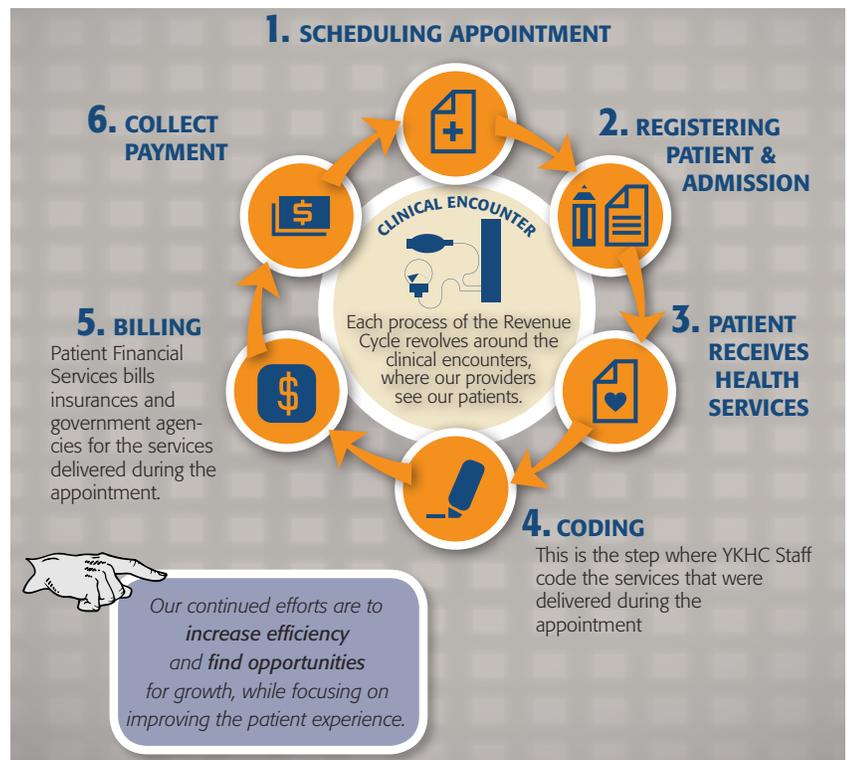
What is Revenue Cycle?

In healthcare, the "revenue cycle" represents the process from the time a patient schedules an appointment and receives health services in the clinic or hospital, to the medical coding, billing and collections process. The process ensures an organization maintains its financial ability to continue to provide services and care to our patient population.

The departments within YKHC that oversee and support the revenue cycle are:

Patient Access: Scheduling, registration and admission of our patients helps us to gather demographics information, verify insurance benefits, collect any required co-payment for insurance (point of service collections), and referring patients to any appropriate sources that help them pay for health care (such as charitable care, VA, Medicaid, Medicare).

Healthcare Outreach and Program Enrollment (HOPE): HOPE offers patients help with finding additional government assistance and care coverage. Additional



see REVENUE CYCLE, p 11

Patient Financial Services Improving Self-Pay Statements

To improve our patients' experience, YKHC Patient Financial Services (PFS) reviewed our system for generating statements for self-pay patients. We found it is hard to change the statement format easily. As a result, YKHC has sought out a company, Xtend, to assist with creation of a more professional and appropriate self-pay statement.

YKHC, unlike most other hospitals, has a unique population of patients that receive statements for YKHC services. Most of our self-pay patients are either client-owners or employees, and are invested in this organization. We must emphasize this sensitivity to Xtend, while remaining fiscally responsible to our organization.

We are currently in the process of revising self-pay statements, and will continue to until we devise the best combination of information and choices for payment. We ask for your help and feedback in this effort.

1. We have identified the issue of calls showing as a foreign country on the cell phone. Although we are attempting to use a local number for outbound calls, this is a GCI carrier issue. We apologize for the confusion this may cause.

2. In order to improve communication and respond to questions personally, we have changed the phone number on the statement to a local number. A representative at YKHC will answer when you call with questions.

3. We are changing the format of the statement to include more visits and

see **SELF-PAY**, p 11



President/CEO Dan Winkelman, Dustin Lupie, Martin Oulton, Darren Anvil, Corbin Ford, Charles Allen, Jon Nerby, Jason Noatak, Support Services VP Newton Chase. Not pictured: Elden Westdahl.

History in the Making

YKHC Security Officers Complete 'VPSO Academy'

Seven of YKHC's Security Officers made history in becoming the first non-State agency candidates to attend and graduate "RLET" (Rural Law Enforcement Officer Training), a rigorous and exhausting academy hosted by the Alaska State Troopers, often referred to as VPSO Academy.

The Alaska State Troopers host the RLET Academy once a year and reserve the course for hand-selected candidates chosen to lead their communities in law enforcement from all around Alaska. YKHC's candidates were amongst approximately 40 other candidates that attempted the course. As expected, not all candidates graduated, but YKHC is proud to announce that all seven officers graduated with high regards. Please congratulate Jason Noatak, Darren Anvil, Jon Nerby, Charles Allen, Martin Oulton, Dustin Lupie and Elden Westdahl on a job well done.

The 15-day academy consisted of a daily routine starting at 7 a.m. and continuing as late as 9:30 p.m. The academy covered a myriad of law enforcement knowledge topics and practicals, including Miranda Rights, Patrol Procedures, Report Writing, Crime Scene Investigation, Evidence Procedures, Criminal Code, Criminal Complaints, Investigation and Interview techniques, Defensive Tactics, Expandable Baton, OC Pepper Spray, Domestic Violence, Title 47 procedures and Drug/Alcohol Interdiction, and more. Each graduate is also certified in First Aid/CPR/AED as well as firefighting and prevention.

This training opportunity was one small part of a larger effort to develop a resilient, knowledgeable, professional and career-driven YKHC Security Officer program. Over a seven-month period YKHC's Safety and Security Department coordinated with Alaska State Troopers for approval to allow an "outside agency" to attend the course.

Corbin Ford, YKHC's Director of Safety and Security, called it "a monumental and amazing opportunity for our Security Officers. This Academy provides the building blocks to develop our security team into something YKHC has never had before. Our graduates have proven that dedication, hard work and, above all, teamwork is present in our staff. This was no easy feat and I am proud our team had this opportunity to come out on top."

—Corbin Ford, Director of Safety and Security

July 2016

Dr. Paul John Calricaraq Project

For more information about PJCP, visit our website: www.ykhc.org/pjcp



Guiding Principles: Represent the Y-K region's Culture & Identity | Promote Customer Centered Care | Affordable Cost & Sustainable Operations

Financing the Construction of the Project

The big question asked of YKHC about the PJCP is, “when will the project begin?” Part of the financial stewardship responsibility that the Board and Senior Leadership Team have is making sure we all of our required construction funds are in place before we begin the project.

YKHC is not receiving grant funds for this construction project but will take out loans instead. Just as in building a house there are two financing phases—the construction loan and the long-term (mortgage) loan. Our plan of finance has identified the long-term lenders. The table shows an estimated breakdown of the proposed funding sources and a list of the general categories for the uses of those loan funds. This is subject to change as the project moves forward.

Because the USDA is not able to award loan funding until the new clinic building is completed, YKHC needs to partner with an interim construction lender to loan money needed during the construction phase. Once construction of the new clinic building is complete, USDA will then pay off the interim lender with their long-term mortgage loan. YKHC is currently in the process of soliciting requests for proposals from interim lender candidates. More information will be shared as the project moves forward.

Design team visits Seattle/Portland hospitals for ideas

Last month, the architects and members of the PJCP design team traveled to Portland and Seattle and toured hospitals there to see determine modern “best practices” in the design of new clinics and emergency rooms. Here’s some of the things they found:

Patient Rooms

- European bath rooms with shower/sink/toilet as one
- Pass-through supply/waste cabinets to reduce patient disturbance
- In board toilets to allow maximum views/natural light for patients
- Hand wash sink “on path” to patient to allow patient to watch clinicians wash their hands

Unit

- Homelike feel: Low noise, Closed patient room doors, equipment store rooms so there are no carts in hallways
- Family support areas with sleep rooms, family/patient dining, family laundry area

Other

- Natural way-finding—use of icon/symbols
- Use of color and texture to reinforce way-finding
- Attention to detailing
- Use of “simplified and more advanced” mock-ups
- Colorful waiting rooms with soft seating
- Clinic wait boards showing waiting times/progress

Sources of funding

US Dept. of Agriculture.....	\$165,000,000
AK Municipal Bond Bank	\$102,000,000
AIDEA	\$25,000,000
YKHC Contributed Equity.....	\$8,200,000
Total.....	\$300,200,000

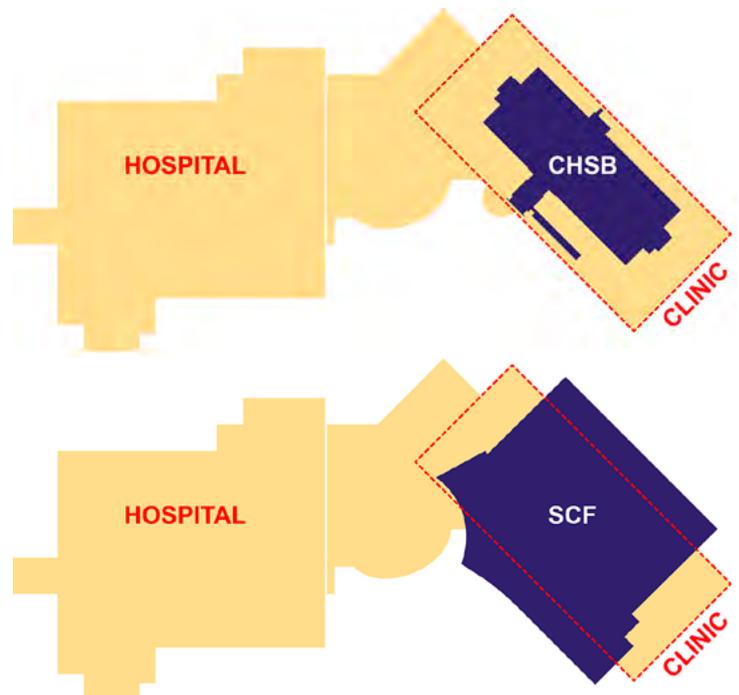
Uses of funding

Construction Costs	\$260,000,000
Financing & Interest	\$21,000,000
Equipment	\$20,000,000
Total	\$301,000,000

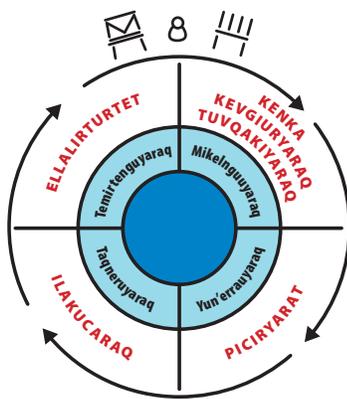
Talking Wall Question of the Month:

How do you celebrate important events in your community?

Write on the Wall, or call into our suggestion line: 907-543-6600 or send an email to ykhcproject@ykhc.org.



Graphics show how the size of the PJCP's new clinic and renovated hospital compares to our Community Health Services Building (top) and the Southcentral Foundation's newprimary care clinic in Wasilla.

CALRICARAQ

Calricaraq among final six for Honoring Nations Award

The late Peter Jacobs told a group of Yup'ik health providers back in 2004 that if we're going to improve the health and welfare of our people and communities in the YK Delta region, it's going to need to come from our own people.

In 2011, the YKHC Behavioral Health Prevention department, also known as the Calricaraq Program, was created and largely founded on this statement from Peter—that we as Yup'ik and Alaska Native people can find healing by returning to the values and principles that made our people thrive for generations in the harsh arctic climate.



Our elders are the transmitters of our healthy living skills. Photo taken at Calricaraq Gathering at Yupiit Piciryarait Cultural Center, 2014, by Brooke Volkeman.

This month the Harvard Project on American Indian Economic Development's Honoring Nations program recognized the Calricaraq Program as one of six Native American programs advancing as finalists for their prestigious Honoring Nations Award. There were 87 programs contending for the award.

The award identifies, celebrates, and shares exemplary programs in tribal governance: "Honoring Nations recognizes that tribes themselves hold the key to generating social, political, cultural, and economic prosperity and that self-governance plays a crucial role in building and sustaining strong, healthy Indian nations," or precisely what Peter Jacobs told our Yup'ik leaders.

Calricaraq facilitates 3-day community gatherings—a day to introduce participants to our history and the historical trauma our people have experienced, followed by a day of healing for presenters to share their own stories and how they have overcome their personal challenges, abuses and addictions. The third day includes learning the Yup'ik cycle of life—how we as Yup'ik people traditionally go from birth and childhood to adolescence and adulthood, followed by our roles as elders in our community.

As our Calricaraq cycle shows, a balanced life includes an understanding of where we come from, what our responsibilities are to our families and communities, and recognizing that we have all come from Ellamua, our Creator, who is in the center of the cycle, giving our lives balance.

The Behavioral Health Prevention Department is expanding programs and building resources in communities by providing technical assistance to

Weekly Calricaraq Sessions Begin at Elders Home

The staff of the Calricaraq Family Center began its first weekly Calricaraq presentation on June 8. The goal is to deliver a traditional, community-based program founded on cultural values the Yup'ik people maintained before contact.

We partner with regional, tribal and local organizations to help regain our ancestral ways of maintaining health and wellness. Partners are encouraged to refer Patients, Parents, and Youth. Youth younger than 18 must have parents or guardian to attend these sessions.

Program sessions take place at the Long Term Care Conference room every Wednesday from 1:15 to 3 p.m. followed by discussions and reactions to the presentations until 4 p.m.

There are 10 session cycles covering kinship structure and belonging, pathways of expectant parents to provide a healthy environment of unconditional love and care, benefits to providing service to others, generosity, roles and responsibilities of boys and girls, maintaining healthy family relationships, mindfulness, and Elder roles and responsibilities. Participants will receive a certificate of completion, which enables a participant to receive additional advancement to other trainings that the Prevention Department offers.

For inquiries, please contact the Preventative Service department at 907-543-6711 or 6739 or email: sophie_jenkins@ykhc.org.

see **CALRICARAQ**, p. 11

Health Aide of the Month

May 2016: Martha Constantine, CHP from Kwethluk

Martha Constantine, CHP from Kwethluk clinic, has been working as a Health Aide for more than 17 years. She is always willing to take the on-call phone for surrounding villages when they don't have coverage. In May she received an urgent call from Tuluksak regarding a patient who was vomiting and was extremely weak. She went to the Kwethluk clinic to fill out the necessary documents on RAVEN with the help of a former Health Aide in Tuluksak who checked the vital signs.



Martha Constantine

Martha was advised to go home by the RMT provider when the CHA in Tuluksak had returned to the village, and took over the care. After continued communication to the doctor about the patient's well-being from the CHA in Tuluksak, they activated a medevac and the patient was sent to Bethel and was admitted.

Martha is a dedicated health aide and is always willing to take urgent calls from Tuluksak, Akiak and Kwethluk without any complaints. On behalf of YKHC, thank you Martha for all your hard work and we encourage you to keep doing the wonderful things you do for the Community of Kwethluk and surrounding villages.

YKHC Scholarship Program

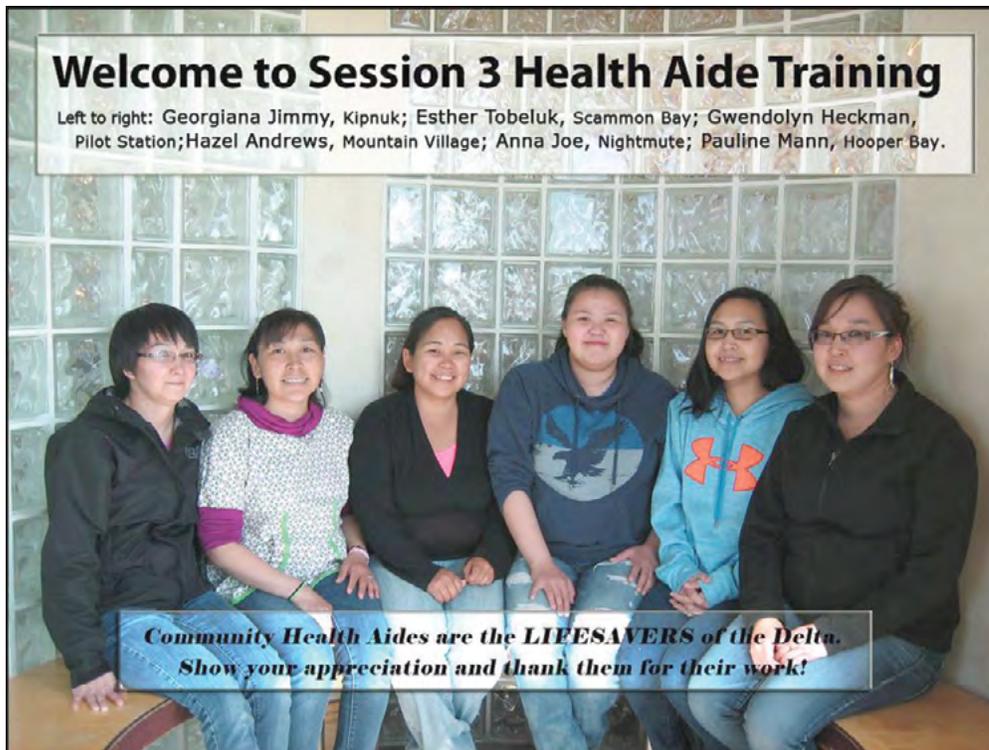
The YKHC scholarship program is set up to encourage employees, Alaska residents, as well as members of the 58 tribes served by YKHC and their descendants to pursue training as health care professionals. The priority for funding will be in line with P.L. 93-638, the Indian Education and Self-Determination Act. All candidates will be selected based on the YKHC scholarship applicant scoring sheet.

Candidates applying to the program must be enrolled or admitted as a full-time student at an accredited program leading to licensure or certification as a health professional.

The scholarship plan for undergraduate programs starts at \$2,000 for the first year, and increases by \$500 for each consecutive year the candidate enrolls. Not to exceed a total of \$11,000.

The scholarship plan for graduate programs starts at \$4,000 for the first year of funding, and increases by \$500 for each consecutive year the candidate enrolls. Not to exceed a total of \$19,000.

Applications can be found on www.ykhc.org, or by clicking here. The upcoming deadline for completed applications is July 22, 2016. If you have any questions or concerns, please contact Gregory Navitsky at ext. 6063.



Village Clinic On-Call Emergencies

Health Aides do not work after hours for non-emergencies

EMERGENCIES...

...are those conditions that if not treated very soon could result in placing the person's health at serious risk, serious harm to bodily functions, serious harm to any bodily organ or part.

NON-

EMERGENCIES...

...can wait until the next working day.

NEWS NOTES, from p. 3

and an oxygen generating plant that provides medical grade oxygen for the entire YK Delta.

In addition to Maintenance, the Hospital Facilities Manager provides oversight of the Biomed program, which YKHC contracts out to Alaska Clinical Engineering Services at ANTHC. Although this is Bob’s first position with YKHC, it’s not his first stint in Bethel. In the early 1990s he worked for LKSD providing remote maintenance assistance to 26 schools.

Welcome to YKHC and welcome back to Bethel, Bob!

—Brian Lefferts, OEH Director

FINANCIAL VIABILITY, from p. 6

The second Financial Viability goal is to achieve a 4.5 percent margin by the end of the fiscal year. The margin is a reflection of Operating Net Income (revenue minus expenses) as a percentage of our Total Net Revenue (the total patient revenue, IHS funding, grant revenue, and program generated revenue, without subtracting expenses). When YKHC began the Financial Recovery Plan in fiscal year 2014, the organization was at a -3 percent corporate margin. This means that YKHC spent 3 percent more in expenses than revenue generated through the end of June 2014. From the beginning of fiscal year 2016 to present, YKHC’s margin is 13 percent.

The strong financial footing of YKHC enables the organization to continually assess and improve healthcare services throughout the region.

REVENUE CYCLE, from p. 6

programs HOPE can help someone apply for, include: Medicaid Enrollment, Denali Kid Care, Veterans Affairs, Social Security & Disabilities, and Victim of Violent Crimes.

Health Information Management (HIM): HIM is the custodian of health records and manages the processes of entering charges and properly coding patient accounts.

Utilization Management: Nurses review inpatient admissions for medical necessity, and coordinate authorizations of insurance benefits.

Patient Financial Services: This YKHC team submits claims and collects payment from all insurance companies and government agencies, while following appropriate and compliant billing practices.

Corporate Enrollment Management: This department works with YKHC providers to ensure eligible patients are enrolled in government programs (such as Medicare, Medicaid, VA) for efficient billing processes.

Quality and Training: Consistent process, education and advancement for YKHC revenue cycle employees allow the organization to ensure culturally relevant and place-based training that empowers employees to collect necessary information.

Several areas within YKHC maintain one or more components of the revenue cycle within their own departments: Subregional Clinics, Village Clinics, Behavioral Health, Dental, Pharmacy and Travel Services.

The goal of the revenue cycle team is to increase efficiency and find opportunities for growth, while remaining focused on our mission to improve the patient experience.

SELF-PAY, from p. 7

to list all payments and adjustments received.

Please contact the Patient Financial Services department at 543-6446 to comment regarding the format of the bill or to report any discourteous conversations by staff members or representatives. You may also submit your comments by email to the YKHC PR department at publicrelationslist@ykhc.org.

CALRICARAQ, from p. 9

bring Calricaraq and its activities to our people, promoting traditional ways of healing and wellness.

The Honoring Nations program will be visiting Bethel in July to see Calricaraq up close as they evaluate the six programs to select an eventual award recipient. We will keep you informed on how Calricaraq does in the finalist stage, but for now please join us in celebrating our program’s recognition as a best practice in Indian Country. Many of you have been participants and volunteers in making Calricaraq a success. Thank you!

Airport Shuttle Child Seats Installed

Security has received the child car seats for installation into the security shuttle vehicle. The child seats are 3-in-1 convertible type that can be adjusted to meet different child ages and sizes. It converts from an infant seat all the way to a booster seat for larger children under the age of 13. Children under age 12 are required to use the booster seats. We have also updated the route schedule.

Rt #	DEPART HOSPITAL	DROP OFF YUTE	DROP OFF RAVN	DROP OFF GRANT	PICK UP YUTE	PICK UP RAVN	PICK UP GRANT	RETURN TO HOSPITAL
1	8:00 AM	8:08 AM	8:16 AM	8:24 AM	8:30 AM	8:38 AM	8:46 AM	8:55 AM
2	10:00 AM	10:08 AM	10:16 AM	10:24 AM	10:30 AM	10:38 AM	10:46 AM	10:55 AM
3	1:00 PM	1:08 PM	1:16 PM	1:24 PM	1:30 PM	1:38 PM	1:46 PM	1:55 PM
4	2:00 PM	2:08 PM	2:16 PM	2:24 PM	2:30 PM	2:38 PM	2:46 PM	2:55 PM
5	4:00 PM	4:08 PM	4:16 PM	4:24 PM	4:30 PM	4:38 PM	4:46 PM	4:55 PM

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1st Place Winner
13 YRS & OLDER



Haley O'Brien

1st Place Winner
UNDER 13 YRS



Teddy Wynn

2nd Place Winner
13 YRS & OLDER
Ariel Charles



2nd Place Winner
UNDER 13 YRS
Sydney Lincoln

