FYI

Diabetes Support Group
Monthly Meetings

Diabetes Prevention & Control would like to announce a monthly Diabetes Support Group!

All people living with diabetes or caring for someone living with diabetes are invited to attend a monthly support group being hosted from 6-7 p.m. on the second Thursday of every month at the YK Elders Home Gathering Room.

This support group offers an opportunity for people living with diabetes to share their experiences with others and develop additional methods to manage their diabetes. There will be produce from Meyer’s Farm available for participants and recipes for ways to use the produce provided.

If you have any questions, please contact or email us at Diabetes_Program@ykhc.org.
RESOURCES

YKHC main switchboard ........................................... 543-6000
Toll Free .............................................................. 1-800-478-3321

APPOINTMENTS

Outpatient Clinics
(Yukon, Kusko, Delta) ........................................... 543-6442
Dental ................................................................. 543-6229
Optometry ............................................................. 543-6336
Audiology .............................................................. 543-6466

SUBREGIONAL CLINICS

Aniak ................................................................. 675-4556
Emmonak ............................................................... 949-3500
St. Mary’s ............................................................... 438-3500
Toksook Bay ......................................................... 427-3500
Hooper Bay .......................................................... 758-3500

SERVICES

Inpatient (North Wing) ........................................... 543-6330
Pharmacy ............................................................... 543-6382
Physical Therapy .................................................. 543-6342
Women’s Health .................................................... 543-6296
Irnivik Birthing Center ............................................ 543-6346
Behavioral Health Services ..................................... 543-6100
Substance Abuse Treatment ................................... 543-6730
Sobering Center ..................................................... 543-6830
Developmental Disabilities ...................................... 543-2762
Emergency Room .................................................. 543-6395
Office of Environmental Health & Engineering,
Injury Control & EMS ............................................. 543-6420

ADMINISTRATION & SUPPORT

Administration ....................................................... 543-6020
Human Resources ................................................... 543-6060
Public Relations ...................................................... 543-6013
Travel Management ............................................... 543-6360

The Messenger is a monthly publication produced by the Yukon-Kuskokwim Health Corporation’s Public Relations Department as a report to Tribal Members.

For questions, comments, submission of articles, or subscription information, write to Messenger Editor, Yukon-Kuskokwim Health Corporation, P.O. Box 528, Bethel, Alaska 99559; or call 907-677-2232. E-mail: publicrelations@ykhc.org

Deadline is the 10th of the month, or the preceding Friday if the 10th is on a weekend, for publication on the first of the following month.

The Messenger is also available for download on our website at www.ykhc.org/messenger.

Please ask permission to reprint articles or pictures.

This institution is an equal opportunity provider.

ATTENTION: If you speak Yup’ik, free translations services are available to you. Call 907-543-6603.

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James Charlie, Sr.
Toksook Bay
Message from the President & CEO

Happy holidays! As the end of the year is upon us, there are two items I would like to share with you. One is an update on YKHC’s finances and the other is a seasonal reminder to get your flu shot.

First, YKHC had another strong year financially. We delivered clinical services throughout 50 villages, the Bethel hospital, numerous residential services, several region-wide substance abuse programs and flew over 500 in-region medevac missions via our joint venture, LifeMed Alaska. We did so while making enough money to pay our bills, buy new medical equipment, invest fully in our employees’ retirement matching program and placed cash in the bank for our new Paul John Calricaraq Project.

I want to thank each and every YKHC employee for a job well done.

I am also pleased to announce that based on the company’s strong financial performance this past year, the Board of Directors approved all qualified employees to receive a 2% annual wage increase beginning February 15! This is our fourth year in a row of annual employee increases, unprecedented for YKHC.

This will mean an additional investment into our workforce of about over $1 million annually to YKHC’s budget.

Lastly, it is flu season. That means it is past the time to get your flu shot. More than 96% of YKHC’s 1,400 employees have received the flu shot. As health care providers we want to make sure we are here each and every day to serve you. We also encourage you to get your flu shot if you have not already done so. Please see your provider or, for Bethel residents, stop by the hospital lobby for the flu shot clinic December 19 – 21 from 10 a.m. to 5 p.m.

Have a safe and wonderful holiday season!

Sincerely,

Dan Winkelman
CENTERING PREGNANCY RETURNS

YKHC is excited to begin the Centering Pregnancy Program again. Groups will be starting in the New Year for expectant mothers who have due dates in the summer of 2019.

Centering Pregnancy is group-based prenatal care consisting of women who are all due within the same month, doing prenatal care together. These group sessions are real prenatal appointments, and not just a “support group.”

The Centering Pregnancy program provides pregnant women with opportunities to learn about their pregnancy, prepare for childbirth, newborn care, parenting and so much more.

We also make time for discussion of many other topics including family dynamics before and after the birth of a child, domestic violence awareness and how to get help, postpartum depression, exercise and stress relieving techniques.

Some of the things this program emphasizes for its participants are:

- Consistently seeing the same provider & facilitator for all groups
- Spending more time with your provider
- Encouraging self-care by learning to take your own blood pressure, and learning how to make healthier choices for yourself, your baby and your whole family
- Sharing and learning from the experiences of others
- Gaining support from the other group members
- Being able to track your baby’s growth as your pregnancy progresses

The Centering Pregnancy Program was well-loved by women who participated from 2011–2016. Some of the comments from previous YKHC Centering Pregnancy participants include:

“Beautiful experiences to share.”

“This is my second time being in Centering Pregnancy and I still learned new things from other moms. It is really informative and supportive. I like that I met other expectant moms and got more ideas and information on what to do in different situations.”

“Centering Pregnancy helps us get to know other expectant mothers before our “BIB” (Be In Bethel) date and it is easier to feel comfortable once we are waiting together.”

“Loved how Centering provided healthy snacks, since they are so expensive around here.”

“The whole program was excellent!”

“I really liked being in a room or group with other pregnant women and knowing I’m not alone. Thank you ladies so much!”

“I learned more through Centering than at a regular prenatal visit. Very informative and better preparedness to have a baby.”

If you or someone you know is interested in the Centering Pregnancy Program or joining one of our groups, please give us a call at 907-543-6760. You will be prompted to pick what type of Women’s Health service you need. Listen for option #7 to be directed to Centering Pregnancy.

ADULT RSV STUDY CONCLUDES

Adult RSV Study staff will be celebrating the end of enrollment for a project that lasted two years—November 1, 2016, through October 31, 2018.

Congratulations and well done to our research nurses: Sally Thompson, Toni Brewer, Joni Beckham, Mary Devlin, Markel Stowell, Deanna Pavil, Liz Lee, Valerie Johnson and Ju Lee.

Please congratulate and thank them for their hard work!

Thank you to the many people who were involved in this project! Special shout-out to the Northwing staff for all of your support and assistance. Thank you to Dr. Bowerman for your support and enthusiasm. Thank you to Dr. Klejka, Holly Chaney, and the Human Studies Committee for your guidance and advice. And finally, a big thank you to the lab and technology for the support you provided along the way.

We have already started on the next steps of the study: data review, cleaning, and analysis. In about six months we will submit a final summary paper to the Alaska Area IRB, CDC IRB, YKHC HSC and YKHC’s Board of Directors before sharing results and archiving the study documents!

—Christine Desnoyers, Research Coordinator
December 2018

DR. PAUL JOHN CALRICARAQ PROJECT

2018 YEAR IN REVIEW

Guiding Principles: Represent the Y-K region’s Culture & Identity | Promote Customer Centered Care | Affordable Cost & Sustainable Operations

Jan
- 95% Design Documents Review Workshop
- North wall siding and first and third floor framing
- Elevator shaft and stairwell framing on all levels

Feb
- Arts and Cultural Committee Workshop
- Framing, drywall, ductwork and piping

March
- 100% Construction Documents
- Mock-ups for electrical and equipment rough-in
- Second floor wall framing

April
- Seismic retrofit of Hospital
- Insulated metal panels and windows
- Heat line terminations and testing on first floor
- Headwall mockups
- Drywall at entry stairs and third floor
- FF&E contracts began

May
- Air handlers placed on Hospital roof
- Temporary hospital areas constructed
- Medical equipment and shipping contracts awarded
- Renovation in Dietary, Microbiology and Imaging
- Staff Housing Substantial Completion

June
- Public and service elevator installation
- Electrical rough-in for second floor
- Hospital asbestos abatement
- Ordered major medical equipment
- Automatic transfer switch at hospital
- Fill, grading and utilities at main entry parking

July
- Connected permanent power to hospital
- Site grading at main entry parking lot
- Open new Housekeeping and Kitchen Areas
- New boilers providing temporary heat in Clinic
- Connection of new water main to Clinic

Aug
- Procure Medical Equipment
- Open new CT area at Hospital

For more information about PJCP, visit our website: www.calricaraq.org
Becoming a Fully Tobacco-Free Campus

On February 5, 2018, in alignment with World Cancer Day, YKHC transitioned to a fully tobacco-free campus. This means smoking (including the use of e-cigarettes) or use of smokeless tobacco by patients, staff, and visitors will not be allowed on any YKHC leased or owned properties in Bethel and throughout our service area—including village clinics, sub-regional clinics, the Bethel hospital, and residential facilities. This campus-wide policy was implemented because it aligns with YKHC’s mission, vision, values and promotes the health we seek in partnership with our customers and employees.

2018 Napartet Strategy

**Healthy Community**
- Extend and sustain water and sewer projects
- Advocate for public funding and new projects

**Healthy People**
- Improve our children’s oral health
- Reduce drowning, unintentional injuries and suicides
- Reduce tobacco use

**Care Delivery**
- Implement a new model of care
- Successfully complete the Paul John Calricaraq Project
- Strengthen village health programs
- Focus on quality
- Improve patient experience

**Corporate Capability & Culture**
- Improve recruitment and staffing
- Shape culture to support high reliability
- Develop a strong Alaska Native workforce
- Continue to improve cash flow

Employee Bonus

“I am pleased to announce that based on the company’s previous year’s performance, on March 2, 2018, each qualifying YKHC full-time employee received a lump-sum bonus payment of $1,500, minus applicable taxes, as an annual merit raise!”

—Dan Winkelman, President & CEO

Tribal Gathering Delegates Focus on Health Issues

The 2018 Tribal Gathering, held April 11-12, took a slightly different approach to seeking input from community representatives on important health care issues vital to achieving our vision of becoming the “healthiest people.”

Rather than voting on a broad range of concerns, tribal representatives from all over the YK Delta focused on how their communities can help improve children’s oral health, reduce drownings and unintentional injuries and prevent suicide.

At the Gathering, YKHC announced salary increases for all health aides in our service area. These increases will be effective for all existing health aides as well as new health aides hired by YKHC.
New Logo Represents Cultures of the YK Delta

In 2014, YKHC began work on the Paul John Calricaraq Project, infrastructure improvements of our regional health facilities. In 2016, we also began transforming how we interact with customers—developing a patient-centered, integrated model of care.

The physical improvements to our facilities and renewed focus on the customer indicated the need to refresh our logo and visual brand. Gathering input from the Board of Directors, Senior Leadership, employees, partner entities and the public, there was overwhelming support for ensuring YKHC’s logo represents the people of our region, the land that nourishes us and the cycles of life and seasons that guide us.

Our logo features three people, representing our Yup’ik, Cup’ik and Athabascan cultures and emphasizing our corporate values of elder knowledge and the importance of family. The traditional clothing details show the significance of culture in our region, of our self-determination as a Tribal Organization, as well as the role cultural knowledge plays in wellness and healing. The two crescents supporting our people represent the waters that sustain us—the Kuskokwim and Yukon Rivers and the Bering Sea.

A New Clinic for Kongiganak

The Indian Health Service announced an award to YKHC through their Small Ambulatory Program that will help fund a new clinic in Kongiganak. On August 20, a groundbreaking ceremony was held at the new clinic site, followed by a community potluck. Community and tribal leaders joined YKHC leadership to memorialize the groundbreaking with a group photo.

50th Anniversary of the Community Health Aide Program!

After the Community Health Aide Program was established by Congress in 1968, YKHC opened a Community Health Aide Training Center in 1969. The history of the CHA/P program is rich in culture, stories, and successful provision of care in our region by Health Aides who are part of their communities. The enormous success of this unique model of care can be attributed to the unwavering commitment and hard work by tribal health organizations, the University of Alaska Fairbanks, basic training instructors, and many others.

But it is our Community Health Aides who deserve the most credit—for giving their hearts and lives each day to caring for others. They deserve the highest honor for serving as the backbone and heart of healthcare systems throughout rural Alaska.

Customer Service Training Completed

After analyzing several years’ of customer feedback and exploring industry standards, YKHC developed our first ever corporate-wide customer service training program for every employee, regardless of position.

Beginning in October 2017, an ambitious program of 90 full-day trainings were conducted. In six months we successfully trained 1,172 existing employees and, as of January 2018, the customer service training was added to new employee orientation. This change ensures each and every new employee receives customer service training from their first day of employment.

YKHC earns The Joint Commission’s Gold Seal of Approval

The Joint Commission (TJC) Surveyors were on site at the end of summer to review Life Safety, Environment of Care, and Behavioral Health areas at our regional hospital, Sub-Regional and Village Clinics.

The Joint Commission’s accreditation was issued on September 19. Accreditation and certification by The Joint Commission is recognized nationwide as a symbol of excellence and commitment. It is a testament to the tremendous hard work of all of our staff at YKHC.
Healthy Living

December 4–11 is National Influenza Vaccination Week, an annual observance held to highlight the importance of getting vaccinated for the influenza virus.

While it is recommended that people of all ages and backgrounds get vaccinated, flu vaccinations are especially important for individuals living with chronic diseases, such as diabetes.

The reason for this recommendation is that many common preventable infectious diseases, such as the influenza virus, have been proven to lead to higher hospitalization rates and more complications in people with chronic diseases than those without.

For this reason, the American Diabetes Association recommends that all individuals with diabetes get vaccinated for influenza each year.

If you would like to learn more about how the influenza virus can impact diabetes care, please call Diabetes Prevention & Control at 543-6133 or email diabetes_program@ykhc.org.

INFANTS NEED VITAMIN D SUPPLEMENTS FOR HEALTHY BONES

by Christine Denoyers, YKHC Research Coordinator, and Ros Singleton, MD MPH

What is vitamin D and what does it do?

Vitamin D is a nutrient that helps keep bones and teeth strong and healthy. People can make vitamin D in their bodies by exposure to sunlight.

Unfortunately, we don’t have enough sunlight in Alaska during the winter to be able to make enough vitamin D. Vitamin D is found in some foods, especially oily fish and marine mammals, and in foods with added vitamin D (like milk).

Why don’t babies and toddlers get enough vitamin D?

Some babies are born without enough vitamin D. Some babies and toddlers don’t get enough vitamin D from the foods they eat after they are born. Low vitamin D can cause rickets (soft bones). Infant vitamin D drops can prevent rickets.

What is rickets?

Rickets is a disease caused by low vitamin D that results in soft bones. In infants, rickets can cause seizures (convulsions) from low calcium. In toddlers, rickets can cause curved legs, bone pain, and poor growth.

Has rickets always been a problem in Alaska?

In the past, rickets was rare in Alaska. Most Alaska Native women had enough vitamin D from a traditional diet that included oily fish and marine mammals. Now, rickets is more common because many pregnant women have low vitamin D levels and more babies are born with low vitamin D levels.

Recommendations for pregnant women

Pregnant women should take daily vitamin D supplements to prevent rickets. Pregnant women should take one Vitamin D tablet containing 1,000 international units (IU) per day.

Recommendations for infants

Infants should take daily vitamin D supplements to prevent rickets.

• Infants getting any breast milk: Give two drops of infant D drops per day. There are 400 IU per drop, so two drops will equal 800 IU

• Totally formula-fed infants: Give one drop of infant D drops (400 IU per drop) per day. There are 400 IU per 32 ounces of vitamin D in infant formula.
YKHC’s 2018 Scholarship Recipients

YKHC supports education opportunities for Tribal members, employees and Alaska residents to pursue training as health care professionals. Scholarships represent our investment in a culturally vibrant workforce.

Candidates must be enrolled or admitted fulltime at an accredited program leading to licensure or certification as a health professional. Scholarship recipients for 2018 are named here. To find out more about how to apply for scholarships, please visit our website at www.ykhc.org/work/education.

Cheyenne Siverly  
Kinesiology at University of Hawaii at Manoa  
$3,500

Cheyenne Paukan  
Childrens Behavioral at University of Alaska Anchorage  
$2,000

Kelly O’Brien  
Human Biology at Brown University  
$2,000

Haley O’Brien  
Human Biology at Stanford University  
$2,500

Jennifer Prince  
Certified Medical Assisting at Alaska Career College  
$2,000

Tamija Woods  
Dental Therapy at Ilisagvik College  
$2,000

Helen Leinberger  
Biology at Whitman College  
$2,000

Miranda Johansson  
Psychology at University of Alaska Fairbanks  
$3,000

Tierney McCormick  
Neuroscience at University College of San Diego  
$2,000

Marina Issac  
Behavioral Health at University of Alaska Fairbanks  
$3,000

Sabrina Rivers  
Dental Assistant at University of Alaska Fairbanks  
$2,000

Markel Stowell  
Masters in Nursing at Walden University  
$4,000

Diane Wasuli-Dock  
Business at Western Governors University  
$3,000

Jasmine Gil  
Nursing at Johns Hopkins University  
$4,000

YKHC'S 2018 Scholarship Recipients

Katherine Evon  
Healthcare Administration at Purdue Global University  
$4,000

Leslie Dull  
Health Care Administration at Baker University  
$4,000

Ruby Okitkun  
Dental Therapy at Ilisagvik College  
$2,000

JoAllyn Johnson  
Radiology at University of Alaska Anchorage  
$2,000

Brittany Boney  
Nursing at University of Alaska Fairbanks- KUC  
$2,000

2018 UAA Nursing Cohort

Nicolette Corbett  
Nursing at University of Alaska-KUC  
$1,000 per semester

Laura Ellsworth  
Nursing at University of Alaska-KUC  
$1,000 per semester

Angela Wilbanks  
Nursing at University of Alaska-KUC  
$1,000 per semester

Grace Yoon  
Nursing at University of Alaska-KUC  
$1,000 per semester

Melody Hoffman  
Nursing at University of Alaska-KUC  
$1,000 per semester

Charmae Chavez  
Nursing at University of Alaska-KUC  
$1,000 per semester

Zhi Hastie  
Nursing at University of Alaska-KUC  
$1,000 per semester

Candace McKinnon  
Nursing at University of Alaska-KUC  
$1,000 per semester

Students in the University of Alaska Nursing program learn on the job at YKHC.
SEPTEMBER 2018 HEALTH AIDE OF THE MONTH:
Oliane Kameroff, CHP Float

Oliane Kameroff, CHP is a Float Health Aide who travels to different villages a week at a time. She is always eager to travel and meet new people. An Instructor commented that she is remarkably calm and has an empathetic manner. Oliane travels to different villages which have different levels of patient care needs. She thrives with clinics and villages that are busy. Oliane is a compassionate Community Health Practitioner. She is dedicated to serve the communities she travels to, even if she doesn’t know anyone there. She is a Super Hero in disguise. Thank you Oliane for your dedication in helping our region achieve excellent health. Thank you to everyone who welcomes our Health Aide Providers into your home communities.

OCTOBER 2018 HEALTH AIDE OF THE MONTH:
Michaela Okitkun, CHA II

Michaela Okitkun, CHA II is from the village of Kotlik. She exhibited extraordinary compassion and commitment to her patients during one of her busiest day/night shifts. Although we cannot discuss what events took place, in order to protect patient confidentiality, she is appreciated for the hard work and her undying efforts in caring for the village of Kotlik. Kotlik is one of the busiest clinics in the delta and she works tirelessly every day. Thank you Michaela for all and everything you do for your community.

YKHC TRAINING CENTER FULLY STAFFED IN 2018

by Jessie Judy, DNP, NP-C, Training Center Coordinator

2018 was a remarkable year for the YKHC Community Health Aide Training Center. We were fully staffed for the first time in five years. Four new instructors joined the Training Center to double our staff size, which allowed us to offer more seats for training sessions. The goal at YKHC is to train 12 students for every session.

The Basic Training Instructors made 26 village trips to do preceptorships, re-entry evaluations, and student clinical rotations. Each village trip is an eye-opener because we always learn something from the health aides. We never cease to be amazed at the care they provide.

The Training Center will say farewell to Chester Mark, PA-C, and Myrna Peter, PA-C, at the end of 2018. Collectively, they have given 53 years to YKHC and to training Health Aides. Their experience and expertise will be missed and we wish them well as they start the next adventure in their lives.

I have often said that being a Health Aide Instructor is the best job at YKHC. The Health Aides are a crucial part of the care provided to the people of the YK Delta. The Community Health Aide Program started 50 years ago, and has grown exponentially since its inception. The one thing that has remained constant, however, is the vital nature of the work that health aides do in the villages. We are proud and privileged to grow alongside our region’s Health Aides.
A HOLY CROSS STORY

by William “Chet” Ford, MS, NP-C, Itinerant Provider, CHAP

My week in Holy Cross came to a close in mid-October. We met so many great people here. The story of the week was from one of the Elders. He is 92 and his wife is 86. They have been married for 68 years! He shared a story with me about how much he loves her.

He said when he was in his 20’s there was a mission and school in Holy Cross. One Saturday the school was planning to have a dance. He could tell the woman who was to become his wife really wanted to go from the hints she was dropping, but he had to run his trap lines on foot. The lines were 20 miles out and 20 miles back. It was typically a day long process and sometimes he would sleep over night when the weather wasn’t too bad.

On the Saturday of the dance he got up early, packed up his stuff and told her goodbye. He told her he would be back late or in the morning. As soon as he completed one trap he would run as fast as he could to the next. Fourteen hours later he had run the whole trap line and made it home. She was shocked to see him back so soon. He took her to the dance and they danced until one o’clock in the morning.

It was so sweet to watch her, all these years later, blushing in the chair next to him as he professed his love. It was obvious that 68 years had only grown their love. So if you are looking for the secret to a happy marriage and a long life I think I found it in Holy Cross.

Run as far as it takes, as fast as it takes, to make your wife happy! You will get healthy in the process.

The community of Holy Cross.
(YKHC file photo from June 2016.)

STAFF MOVES

New Human Resources Director

YKHC Human Resources is pleased to introduce Robert Houle as our new Human Resource Director. Robert joined us on November 6, relocating from northern Wisconsin where he was employed as Executive Director of Bad River Housing Authority.

Robert was previously employed by Southcentral Foundation (SCF) in Anchorage, in their HR and Corporate Compliance departments from 2010 to 2017.

Robert is a member of the Bad River Band of Lake Superior Chippewa Indians and is a member of the Bear Clan. Robert has extensive work experience relating to HR in several areas other than health care—such as transportation/logistics, retail management, tribal operations, tribal gaming and education/teaching.

Robert’s hobbies are wood burning (pyrography), photography, writing, hunting and fishing, camping, as well as researching Native history, cultures and beliefs.

A big thank you to Larry McGuire, who has filled in as interim HR Director for the past several months as the search was underway for an HR Director.

Dentist in St. Mary’s

Dr. Tucker Burnett has moved to St. Mary’s and is excited to see how much of a difference he can make at the St. Mary’s Clinic. He was born to “hippie parents” in their rural Arizona home, who insisted on birth- ing Tucker at home themselves, prepared poorly, and nearly dropped him on his head.

A life of luck, close calls, and adventure led Tucker to complete dental school in 2016 at Oregon Health and Sciences University in Portland, Oregon. He moved to Bethel two years ago to serve the Alaskan Native communities of the YK delta and experience life in rural Alaska. Along with hunting, getting lost and wrecking a snow machine, Dr. Burnett became a volunteer firefighter.

Dr. Burnett is on a one-year contract to provide comprehensive dental care to St. Mary’s and the surrounding area. He’s hoping to fall in love with St. Mary’s, become a part of the community, and stay longer.

(YKHC file photo from June 2016.)
WHO’S COMING TO A CLINIC NEAR YOU?

The following providers will be bringing healthcare services closer to your home in the coming months. To schedule an appointment time, contact your village health clinic.

Dates are subject to change dependent on weather.

December 2018

**DENTAL**
- **Mtn. Village:** Bernadette Charles, DHAT
  - 12/3–7, 17–21
- **Shageluk:** Carrie Tikiun, DHAT
  - 12/3–7
- **Kotlik:** Dr. Jill Calvert, DDS
  - 12/7–20
- **Scammon Bay:** Erin Feller, Dentist
  - 12/6–14
- **Lower Kalskag:** Conan Murat, DHAT
  - 12/7–20
- **Scammon Bay:** Sadie Green, DHAT
  - 12/10–14

**FAMILY MEDICINE**
- **Emmonak:** Elizabeth Sanseau, MD & Jennifer Case, MD (Peds Resident)
  - 12/3–7
- **Scammon Bay:** Steve Bertrand, PA-C
  - 12/4–7
- **Nunam Iqua:** Holly Lybarger, FNP
  - 12/10–14
- **Pilot Station:** Denise Tran, NP
  - 12/4–6
- **Chevak:** Linda Hewett, NP
  - 12/18–20

January 2019

**DENTAL**
- **Chuathbaluk:** Conan Murat, DHAT
  - 1/7–11
- **Scammon Bay:** Sadie Green, DHAT
  - 1/7–11
- **St. Mary’s:** Bernadette Charles, DHAT
  - 1/7–10
- **Russian Mission:** Carrie Tikiun, DHAT
  - 1/14–18
- **Chevak:** Sadie Green, DHAT
  - 1/21–25
- **Sleetmute:** Carrie Tikiun, DHAT
  - 1/28–31

**FAMILY MEDICINE**
- **Chevak:** Sandy Beeman, PA-C
  - 1/8–10
- **Chevak:** Linda Hewett, FNP
  - 1/22–24
- **Scammon Bay:** Rebekah Diky, PA-C
  - 1/29–31

February 2019

**DENTAL**
- **Sleetmute:** Carrie Tikiun, DHAT
  - 2/1
- **Upper Kalskag:** Conan Murat, DHAT
  - 2/4–8
- **Marshall:** Steven Burnett, Dentist
  - 2/4–8
- **Scammon Bay:** Sadie Green, DHAT
  - 2/11–15
- **Russian Mission:** Carrie Tikiun, DHAT
  - 2/18–22
- **Pilot Station:** Steven Burnett, Dentist
  - 2/10–15
- **Holy Cross:** Conan Murat, DHAT
  - 2/25–28

**FAMILY MEDICINE**
- **Chevak:** Sandy Beeman, PA-C
  - 2/12–14
- **Scammon Bay:** Linda Hewett, FNP
  - 2/19–21

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YKHC is soliciting artwork for the new Hospital and Clinic until Jan. 31, 2019
www.ykhc.org/work/