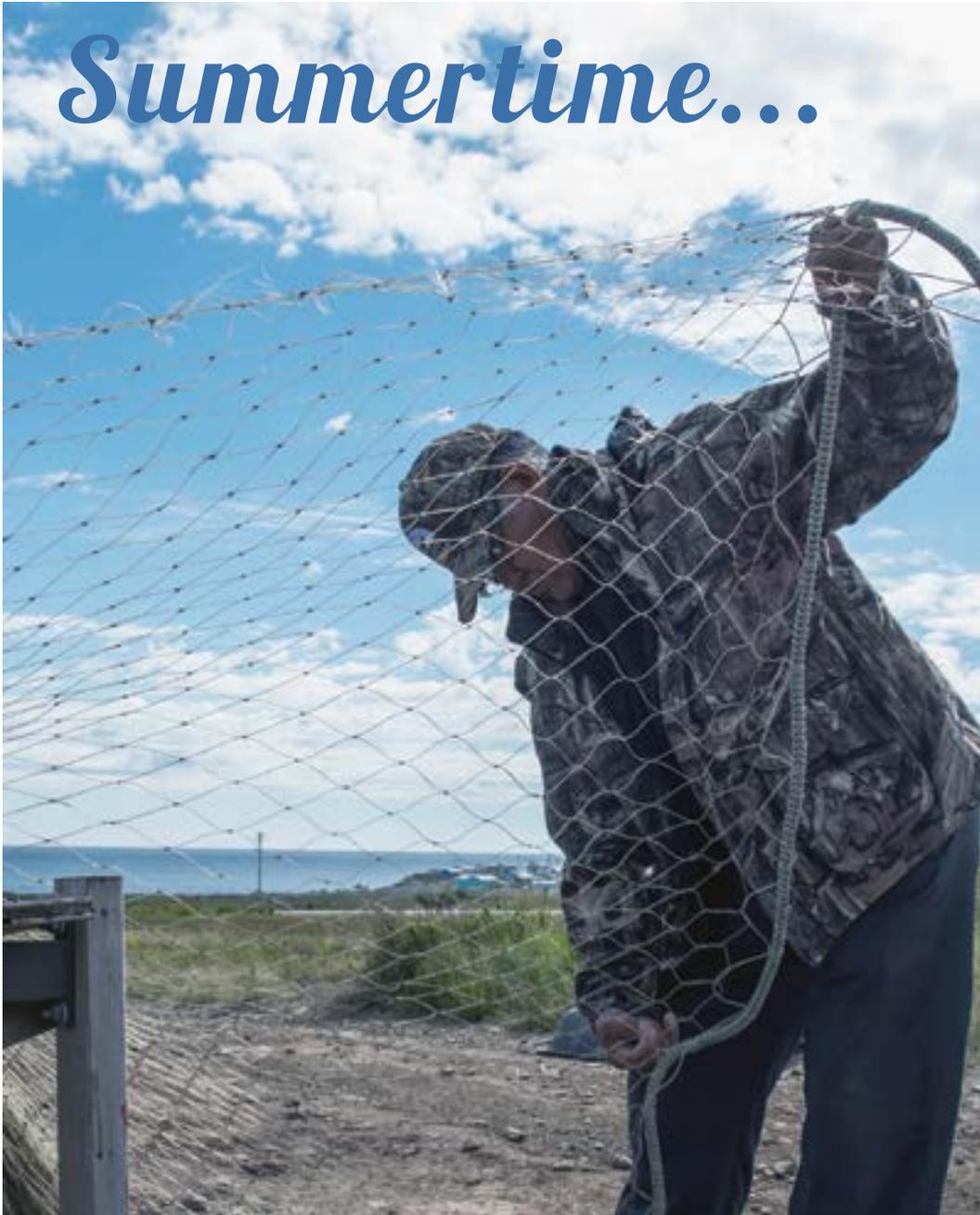




Summertime...



Now that the rivers are clear of ice, summer subsistence activities are picking up! As you get ready to fish or travel by boat, be sure to practice good boating safety. Visit page 4 for boating safety tips. Pictured here is YKHC Board Member James Sipary of Toksook Bay preparing his net.

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FYI

Pharmacy 90-Day Medication Refills

ALWAYS ON HAND

Having your medications on hand may help you stay healthier because you are less likely to miss a dose.

CONVENIENCE

Have your medications sent to you by mail—a great convenience for medications you take on an ongoing basis.

NOTICE: Postal service may be delayed to some YK Delta communities. Call in your refill at least **10 DAYS** before you run out of meds.

Refill Line: 543-6988 or toll free 1-877-543-6988

Some medications CANNOT be filled 90-Day: narcotics, compounds, refrigerated medications

RESOURCES

YKHC main switchboard 543-6000
 Toll Free 1-800-478-3321

APPOINTMENTS

Outpatient Clinics
 (Yukon, Kusko, Delta) 543-6442
 Dental 543-6229
 Optometry 543-6336
 Audiology 543-6466

SUBREGIONAL CLINICS

Aniak 675-4556
 Emmonak 949-3500
 St. Mary's 438-3500
 Toksook Bay 427-3500
 Hooper Bay 758-3500

SERVICES

Inpatient (North Wing) 543-6330
 Pharmacy Refill Line 543-6988
 Toll Free 877-543-6988
 Physical Therapy 543-6342
 Women's Health 543-6296
 Irrivik Birthing Center 543-6346
 Behavioral Health Services 543-6100
BH CRISIS RESPONSE LINE **543-6499**
 Substance Abuse Treatment 543-6730
 Sobering Center 543-6830
 Developmental Disabilities 543-2762
 Emergency Room 543-6395
 Office of Environmental Health & Engineering,
 Injury Control & EMS 543-6420

ADMINISTRATION & SUPPORT

Administration 543-6020
 Human Resources 543-6060
 Public Relations 543-6013
 Travel Management 543-6360

The Messenger is a monthly publication produced by the Yukon-Kuskokwim Health Corporation's Public Relations Department as a report to Tribal Members.

For questions, comments, submission of articles, or subscription information, write to Messenger Editor, Yukon-Kuskokwim Health Corporation, P.O. Box 528, Bethel, Alaska 99559; or call 907-677-2232. E-mail: publicrelations@ykhc.org

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The Messenger is also available for download on our website at www.ykhc.org/messenger. Please ask permission to reprint articles or pictures.

This institution is an equal opportunity provider.

ATTENTION: If you speak Yup'ik, free translations services are available to you. Call 907-543-6603.

YKHC BOARD OF DIRECTORS

Unit 1



Mary Ayunerak Alakanuk



Michael Hunt, Sr. Kotlik

Unit 2



Geraldine Beans St. Mary's



Wassilie 'Wesley' Pitka Marshall

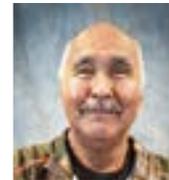
Unit 3



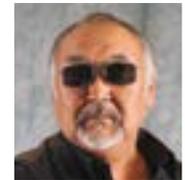
Bonnie Persson Upper Kalskag



Patricia Yaska Chuathbaluk



Phillip K. Peter, Sr Akiachak



James Nicori Kwethluk

Unit 4

Unit 5



Stan Hoffman, Sr. Bethel



Gloria Simeon Bethel



Walter Jim Bethel



Chris Larson Napaskiak

Unit 6



Anna Angaiak Nunapitchuk



Adolph Lewis Kwigillingok

Unit 7



Abraham David Mekoryuk



James Sipary Toksook Bay

Unit 9



Patrick Tall Chevak



John Uttereyuk Scammon Bay

Unit 10



Darren Cleveland Quinhagak

Unit 11



Marvin Deacon Grayling

Honorary Board Member



James Charlie, Sr. Toksook Bay

Message from the President & CEO

Waqaa! As summer arrives, we want to share with you some of the features of the new Yukon-Kuskokwim Delta Regional Hospital. Deanna Latham, VP of Support Services and Jim Sweeney, VP of Hospital Services, will both share with you how the new outpatient clinic design and its model of care will enhance quality and safety for our customers and staff.



OUTPATIENT CLINIC: A New Space and a New Model of Care

The new Outpatient Clinics will be located on the first floor of the newly constructed area of the Yukon-Kuskokwim Delta Regional Hospital. The Outpatient Clinics will be expanding from three halls (Delta, Kusko, Yukon) to seven halls. These new halls will be named after various fish of the Yukon-Kuskokwim region.

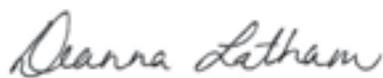
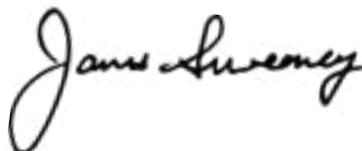
Very early in the conceptual design phases of the Paul John Calricaraq Project, YKHC engaged a Lean design consultant to help with analyzing the steps and activities conducted during a patient visit and looked at opportunities to streamline processes.

During these work sessions, staff looked at many different outpatient clinic layout options and mapped out in great detail the processes and travel distances for the patient, staff, and services. This allowed the architectural and engineering teams to better understand the needs of our customers and purposefully locate rooms near essential services so that patients and staff travel distances are more efficient, decrease wait times, and eliminate unnecessary activities in the patient visit process.

Not only will the space be much different, the individualized care we provide will be transformed through the Lean process as well. Staff will now be located in interdisciplinary Team Rooms, where they will work with your personal care manager about your upcoming visit.

If you are traveling from one of our communities, you will be able to make multiple appointments in a single trip if you wish. In addition, we are working to bring as many services as we can to you in the patient exam room to decrease the need for you to walk through the building to look for services.

YKHC is excited and is working diligently in improving the quality of our services through Lean and look forward to providing care to our customers throughout the YK Delta.


Dan Winkelman,
President and CEO.



Deanna Latham, Support
Services Vice President.



Jim Sweeney, Hospital
Services Vice President.

OUR COMMITMENT TO IMPROVING CUSTOMER SERVICE

This summer marks five years in YKHC's Customer Service improvement journey, a milestone we are excited to share with the community.

Training every employee to our high standards of service excellence has been no small task, *and is by no means complete*. After two years of research, development, testing, and evaluation, we launched YKHC's first-ever standardized customer service training in 2017. In less than five months, more than 1,000 employees completed this full-day training.

In 2018, customer service training was added to YKHC's new employee orientation, ensuring all employees start their first day with a customer-focused goal.

YKHC's customer service training focuses on the full customer experience; everything from the moment we pick up the phone to the amount of time someone waits to be seen, how clean our buildings are or if we have warm or cold coffee in the cafeteria. All the seen and unseen parts of how our customers interact with us play an important role in the full customer experience. At the heart of our customer service training are our values of Excellence, Compassion, Importance of Family, Personal Growth, Optimism, Trust, and Elder Knowledge. These values create guidelines for providing the very best service to our customers, each other, and our community.

see **CUSTOMER SERVICE**, p. 6

There are several ways to provide feedback:

- After your visit, take the survey for Qless, if you registered on your smart phone.
- Submit a form to any of our on-site blue customer comment boxes
- E-mail us at comments@ykhc.org
- Download a comment form at www.ykhc.org/comment
- Mail a comment form to P.O. Box 287 Bethel, AK 99559
- Or fax a comment form to (907) 543-6366

SAFETY TIPS FOR JUNE: Boat Safety

To help prevent and prepare for capsizing, swamping, or someone falling overboard, follow these guidelines.

- Make sure that you and your passengers are wearing life jackets while the boat is underway.
- Attach the ignition safety switch lanyard to your wrist, clothes, or life jacket.
- Don't allow anyone to sit on the gunwale, bow, seat backs, motor cover, or any other area not designed for seating. Also, don't let anyone sit on pedestal seats when operating at a speed greater than idle speed.
- Don't over load your boat. Balance the load of all passengers and gear.
- Keep your center of gravity low by not allowing people to stand up or move around while underway, especially in smaller, less-stable boats.
- In a small boat, don't allow anyone to lean a shoulder beyond the gunwale.
- Slow your boat appropriately when turning.
- Don't risk boating in rough water conditions or in bad weather.



- When anchoring, secure the anchor line to the bow, never to the stern.
- File a float plan or let others know where you are going and your travel times
- Have an emergency pack onboard including food, water, first aid, and a fire source.
- Make sure you have extra fuel including enough to get to your destination and back.
- Always check the weather and tide forecasts for your trip to include your direction of travel and destination for the duration of your trip.



June 2019

DR. PAUL JOHN CALRICARAQ PROJECT

Guiding Principles: Represent the Y-K region's Culture & Identity | Promote Customer Centered Care | Affordable Cost & Sustainable Operations

PJCP CONSTRUCTION

On the first floor, cultural graphics were installed in the outpatient exam rooms and corridors. The graphic art glass guardrail was installed at the main stairs. Door access control wiring and hardware connections are ongoing.

Skytron procedure lights were installed in five rooms. Wood ceiling installation was completed at the patient waiting area. The design for the automated lab equipment is completed and contractors are evaluating cost/schedule impacts. HVAC system testing and balancing is complete on the first floor, with exception of the Lab. Equipment is arriving in Bethel to be stored or installed in the clinic as spaces become available. Electrical work continues in the central utility plant and fire pump room.

At the second floor, rough-in was completed in the radiology room, and lead-lined GWB installed. Layout for equipment in X-ray and mammography is complete.

On the third floor, workers installed the high lobby ceiling and main stair ceiling. Skytron lighting was installed in the Labor and Delivery rooms. Preparation of the concrete slab, and flooring installation continues. Door and hardware installation is ongoing. Medical gas and air await final certification. Casework and nurse station/reception desks installation continues. Medical gas and dental vacuum piping continue in the penthouse. Partial startup of the new chiller units occurred until there is warmer weather for a full operation. Large intake air hoods staged by crane on the roof for installation on penthouse air handler units. Exterior rain screen (siding) panel installation started at the entry vestibule and radius wall.

HOSPITAL RENOVATION

YKHC inspected above ceiling areas in Radiology Fluoro. Work continues in the rooms with the equipment installation planned for late May. YKHC Maintenance shop and offices were relocated to allow for continued renovation of the existing space. Structural steel upgrade installation continues intermittently throughout the interstitial space. The new access corridor between the hospital and the clinic utility area was framed and drywalled for fire rating.

OTHER PROGRAM ELEMENTS

Medical FF&E: Medical equipment has started arriving in Washington for consolidation and shipment to YKHC's Anchorage warehouse to be held for timely distribution to the site.

Dental FF&E: Burkhardt began installation of dental air compressors and vacuum equipment in April. More than 90 percent of the entire dental equipment order has been received at YKHC's freight forwarder in Lakewood, WA, and is in route to Bethel. This equipment will be installed in June.



Nurse station desk construction in progress at Infusion Reception



Structural backing for Trespa siding panels at the Clinic



Trespa panels installed on Clinic exterior

COMPASS: YKHC'S MANAGEMENT TRAINING PROGRAM

As we prepare to launch YKHC's annual management and leadership development program, Compass, we want to share a few successes from years past.

This important leadership initiative began as a Board directive in 2012—a goal for YKHC to provide our Alaskan Native and Native American employees professional development and management training.

The following year, the first Compass program was piloted under the Alaska Native Workforce Development Napartet Pillar. This 12-week competency-based program provides participants an opportunity to focus on key knowledge, skills, and abilities that align with YKHC's Napartet Strategy.

The Compass program blends traditional storytelling, classroom-style learning, hands-on experiences, project-based learning, focused self-reflection, and mentorship.

This multi-learning approach means participants get to learn from leaders across the corporation, from attending lectures and group discussions, by completing individual and group work, through project development, by rotating through various departments in YKHC, and from a dedicated and knowledgeable mentor.

Seven years later, we are proud that 55 employees have graduated from Compass with nearly half of them advancing into management positions.

To learn more about Compass, visit www.ykhc.org/compass

Here's what a few of our graduates have to say

"The Compass Program was an extraordinary experience. I have definitely used what I learned to work towards meeting the goals of the corporation, my department, and even my own personal goals. For this, I am thankful." – Bonnie Hunt, Dental Health Aide Therapist-Advanced (2013 Compass Graduate)



"What I found most valuable was learning about the different paths the YKHC Senior Leadership Team members have taken to reach their career goals. Their personal stories have inspired me to continue seeing new knowledge and higher education, no matter what obstacles stand in the way." – Melanie McIntyre, M (ASCP) CM, Microbiology Supervisor, Laboratory (2017 Compass Graduate)



"In Compass, I learned I can always move forward in my personal goals of self-improvement. The interactions I've had with YKHC managers have helped me learn how to set expectations to avoid stagnation. I look forward to continuing to develop both personally and professionally." – Joe Okitkun, CHAP Compliance Officer (2015 Compass Graduate)



"From the Compass program, I learned great management skills and how to communicate effectively. I have also gained other valuable skills that I will be able to use in both my professional and personal life." – Berntina Sankwich, Informatics I (2018 Compass Graduate)

CUSTOMER SERVICE, from p. 4

This year, we have three new additions to our customer service improvement journey: monthly Customer Service Tips in our Napartet Newsletter, a new online safety and quality portal for submitting feedback (such as complaints, compliments, suggestions and questions), and we have been working to develop on-going customer service training that will launch soon.

As we continue **working together** to create a better experience for you, our customer, we invite you to let us know how we are doing. If you would like to share a great experience you had with one of our providers or in one of our facilities, or if you have an idea about how we can improve, we would love to hear from you!

NEW DHAT CANDIDATES TO BEGIN TRAINING

Congratulations to Jerilyn Glenn, Loretta Coffee and Natalia Ballard!

They have been accepted into the Alaska Dental Therapy Education Program and have been offered sponsorship by YKHC.

They will be starting the two-year training program in July. We are confident that they will do well and are excited to be there to support them along the way.



Jerilyn Glenn



Natalia Ballard



Loretta Coffee

YKHC's Dental Health Aide Therapists

WHO ARE THEY?

A DHAT is a dental team member similar to a physician assistant (PA). They focus on a limited number of much needed procedures and go through a rigorous educational program. The DHAT education is two years in length and is followed by at least three months of preceptorship with a supervising dentist. They work under the supervision of a dentist and are re-certified every two years. The services they can provide include community-based preventive dental care, comprehensive examinations, basic restorations and uncomplicated extractions.

WHAT ARE THEY DOING?

Our intent is to increase access to care for our patients throughout the YK Delta. We have been employing DHATs at YKHC since 2004. We started out with two DHATs and now we have certified DHATs stationed in Toksook Bay, Hooper Bay, Emmonak, St. Mary's, Mountain Village and Aniak. We are starting to place DHATs in the villages surrounding Bethel that are not currently served by a subregional clinic.

HAVE THEY BEEN SUCCESSFUL?

Yes! A study was completed by Research Triangle Institute International. Findings showed that Alaska's DHATs are providing safe, competent and appropriate care in their scope of practice, and that patients are highly satisfied with the care they receive.

YKHC Dental Disease Prevention 30th ANNUAL SMILE ALASKA STYLE Congratulations to our 2019 Winners!



Kaitlin Lincoln (Best Native Dress)



Sydney Lincoln (Best Oral Health)



Amelia Jones (Best Oral Health)



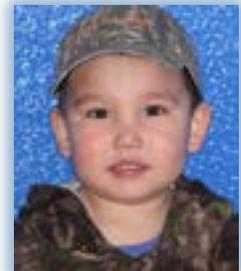
Paula Jung (Best Oral Health)



Kelly Lincoln (Best Oral Health)



Clyde Jones (Best Oral Health)



Jayden Woods (Best Oral Health)



Thank you to all our sponsors, including Malone Insurance, AVCP, Delta Discovery and Northern Air Cargo.



Yukon-Kuskokwim HEALTH CORPORATION

Healthy Living

How Does Your Garden Grow?

Access to fresh vegetables can be limited in many communities throughout the YK Delta, which can make it challenging to eat a healthy diet. One way to combat this is to grow your own vegetables!

Community gardens are one way to do this. They allow for entire communities to come together to develop a plot of land that can be used to grow vegetables. It is a great way to stay connected with your neighbors, get some exercise, and grow the foods you need to have a healthier diet.

If you are interested in starting a community garden in your village, Diabetes Prevention and Control (DP&C) would love to help! DP&C is currently accepting applications for Community Activity and Garden Awards. These awards can provide up to \$5,000 to start an activity that is geared towards improving the health of our region, such as running a community garden.

Applications for the Community Activity and Garden Awards can be found at www.YKHC.org or by contacting DP&C at 543-6133. The applications are accepted on a monthly basis and are not limited to community gardens. DP&C encourages individuals to submit applications for any type of project that promotes health in culturally relevant and appropriate ways.



If you have any questions about the Community Activity and Garden Awards please contact DP&C at 543-6133 or diabetes_program@ykhc.org.

RECIPE OF THE MONTH

Garden Vegetable Soup

Makes: 9 servings (1 cup per serving)

Preparation Time: 10 to 15 minutes

Cooking Time: 20 to 25 minutes

Ingredients

- Nonstick cooking spray
- 2 carrots, peeled and chopped
- 1 large onion, chopped
- 2 (14.5 ounce) cans broth (chicken or vegetable)
- 1 cup chopped green cabbage
- 1 (14.5 ounce) can green beans, not drained
- 1 (14.5 ounce) can diced tomatoes, not drained
- ¼ teaspoon garlic powder
- ½ teaspoon Italian seasoning
- 1 medium zucchini, chopped
- Salt and black pepper to taste

Directions

1. Wash the vegetables.
2. Collect, cut, and measure all ingredients before starting to prepare the recipe.
3. Spray a large pot with nonstick cooking spray. Add the carrot and onion, and cook over low heat for about 5 minutes.
4. Add broth, cabbage, green beans, tomatoes, garlic powder, and Italian seasoning. Turn the heat up to medium high, and bring to a boil.
5. Reduce heat to low, and cover. Simmer for about 15 minutes or until carrots are tender. Stir in the zucchini, and cook for 3 to 4 minutes.
6. Taste the soup. Add a small amount of salt and black pepper if desired.
7. Remove from heat, and serve hot.
8. Refrigerate leftovers within 2 hours. Eat within 3 to 5 days.

This recipe freezes well. Defrost in the refrigerator overnight, then reheat and eat! Be creative! Try adding any canned or fresh vegetables.

MENTAL HEALTH AWARENESS MONTH

In observance of May’s Mental Health Awareness Month, the Behavioral Health Outpatient Department hosted several free community outreach events to help break the stigma of mental health.

What is the stigma exactly? It’s the judgment, labels, stereotypes and shame that is attached to having a mental illness or to receiving services for mental health problems. Mental health is no less important than one’s physical health and we all must recognize that.

The events hosted by YKHC’s Behavioral Health Services were held to encourage the community to see how healthy eating, physical fitness and open communication promotes mental wellness.

Although May has come and gone, the cause and continued effort to break the stigma has not. Challenge yourself to be a part of the change and help promote mental wellness.

Special thanks to all those who supported and participated in the events— YK Fitness Center, YKHC Diabetes and Prevention departments, NAMI of Alaska and the Yupiit Piciryarait Cultural Center.



YKHC Behavioral Health Services observed Mental Health Awareness Week with activities for healthy eating and physical fitness.



BEHAVIORAL HEALTH CAREER EXPLORATION CAMP

On May 5, 18 Chevak high school students flew into Bethel for a week-long residential Behavioral Health Career Exploration Camp, sponsored by the YKHC AHEC in partnership with KuC.

The students were in classes all week, earning a college credit as they learned about an array of behavioral health issues, careers and coping skills.

YKHC provided a full-day certificate class in Mental Health First Aid, where the students learn to identify when a person is in a state of crisis and how to assist in getting them appropriate professional help, as well as support strategies.

The week was also filled with fun activities that allowed the students to enjoy a well-rounded experience in Bethel. The YKHC AHEC wants to recognize the excellent work of all our staff and the staff at KuC who made this awesome event possible. Thank you!

—Greggory Navitsky, Executive Director, YK AHEC



CHAP NEWS

Community Health
Aide Program

APRIL 2019 HEALTH AIDES OF THE MONTH: Scammon Bay Clinic

Team: Esther Tobeluk, CHP; Isiah Rivers, CHA II; Pauline Simon, CHP; and Lianna Kasayuli, CHA III - float

In early March, the very busy clinic of Scammon Bay experienced a series of traumatic patient events that necessitated all of the available CHAs and CHPs to work intensely for several days without rest or much sleep.

Infant resuscitation for multiple hours with no success; immediately after, resuscitation for 17 hours of an attempted suicide patient, saving the person's life; immediately after, a baby in respiratory distress was brought in to the clinic that could not be medevaced due to weather hold for two days.

One of the CHPs cared for the baby with a pediatrician giving orders on RMT that entire time, then discovered her own baby was also in respiratory distress when she arrived home. Both babies were medevaced as soon as Lifemed was able to land.

The impact to the community of these heroic events was extraordinary. There was an outpouring of support from the en-



The Scammon Bay Team: Pauline Wilson, Isiah Rivers, Esther Tobeluk, Lianna Kasayuli.

tire community for the Health Aides that so selflessly gave all to care for their patients. They deserve the utmost commendation for their dedication, personal commitment to the patients, their families, and to the community they serve. Qu yana Scammon Team!

—Asela Calhoun, BS, MA, PhD, CHAP Director

FOUR HEALTH AIDES GRADUATE AS CHPs



Pauline Mann, one of four health aides graduating this year as Community Health Practitioners.

The YKHC Community Health Aide Training Center Congratulates those students who have completed their training to become Community Health Practitioners.

These students have also earned a certificate in Community Health from the University of Alaska Fairbanks.

Katherine Evon is originally from Akiachak and now lives in Bethel. She has been a health aide for five years.

"My interest was always in health care, and becoming a health aide was one of the ways I could help the people of this region."

Pauline Mann, Hooper Bay. She has been a health aide since October, 2011.

"When I first started working I didn't think I would last very long. Today, I love serving my community."

Joanna Nicholai, is originally from Napakiak, and was raised in Tuntutuliak since 1986. She has been a health aide "on and off" since November, 2008. She started in Atmautluak, then Tuntutuliak, then was a health aide float, then went back to Tuntutuliak.

"There were times I wanted to give up, but [instructors] encouraged me that I am doing good job as a health aide."

Agnes Nicoli has lived in Aniak all her life. She has been a health aide for nearly seven years.

"I was interested in the medical field after being on the dragon slayers since I was 13 years old."

ABOUT ELECTRONIC CIGARETTES

Electronic cigarettes deliver addictive nicotine and other chemicals that can affect your health:

In a historic move, the 20th Surgeon General of the United States issued an advisory last year that declared youth e-cigarette use an “epidemic.” Among high school students, e-cigarette use jumped 78 percent in the past year. It’s a rapid spread for a product that only became widely available less than a decade ago. Electronic cigarettes are the latest trend of fruit-flavored smoking for young adults, but the health consequences may be just as bad as using real tobacco products.

“If you are around somebody who is using e-cigarettes, you are breathing an aerosol of exhaled nicotine, ultra-fine particles, volatile organic compounds, and other toxins,” said Dr. Stanton Glantz, Director for the Center for Tobacco Control Research and Education at the University of California, San Francisco.

Another danger is that electronic cigarette users and bystanders risk serious bodily injury from unregulated e-cigarette batteries exploding. The report was published in the journal *Tobacco Control*, and said that between 2015 and 2017, there were more than 2,000 emergency department visits caused by e-cigarette explosions and burns.

Many of the e-cigarette battery explosions occurred in the pockets of the user, causing severe burns and injuries. Some blew up in the mouths and faces of users resulting in facial injuries. Based on the gathered information, electronic cigarettes are clearly not a safe alternative to tobacco use and should be banned from smoke-free places too.

Nicotine is an addictive and poisonous drug, even in small amounts:

If you want to stop using tobacco, please contact the Tobacco Prevention Department 907-543-6312.



Moses Tulim
Yukon-Kuskokwim Health Corporation 11

PIYUUMIUTEKNARQELRIA

Ways to Quit

This month, YKHC’s Tobacco Prevention department begins a monthly story featuring people in our community who have stopped using tobacco and have a quit tip to offer.

JULIA NICORI, KWETHLUK

Julia Nicori, originally from Kipnuk, moved to Kwethluk with her family back in 1947. She proudly tells us how she stopped using iqmik over 20 - years ago.



One evening, Julia was thinking about how iqmik was not good for her health and body. At the same time she was also frustrated with regular cravings for iqmik.

She recalls sitting in her chair and looked at her hands, “If I touch the iqmik, I will start chewing again. If I do not touch it, I will stop chewing.”

She thought about her iqmik use for a while and went to sleep thinking, “If I do not touch it, I will stop chewing.”

When she woke she continued to say those words and repeated them when she craved iqmik. She would chew on a piece of seal skin to help eliminate her craving for iqmik. From that day forward she never chewed iqmik again.

Julia’s Quit Tip: Chew seal skin and repeat your purpose for stopping tobacco use.

YKHC’S NEW TOBACCO PREVENTION OUTREACH SPECIALIST

Please welcome YKHC’s new Tobacco Prevention Outreach Specialist Moses Tulim. Moses is a Kashunamit tribal member originally from the village of Chevak. He first got involved in tobacco prevention back in 2011 with the Alaska Tobacco Control Alliance, representing the Southwestern region of Alaska.

He also served as a member of the Delta Tobacco Control Alliance, involved in planning tobacco prevention activities for the Y-K Delta region. Moses earned a BA degree from UAF in Rural Development with a focus on Tribal and Local Government. He is looking forward to working with YKHC staff and connecting community organizations in tobacco prevention endeavors.

WHO'S COMING TO A CLINIC NEAR YOU?

The following providers will be bringing healthcare services closer to your home in the coming months. To schedule an appointment time, contact your village health clinic.

Dates are subject to change dependent on weather.

June

DENTAL

Hooper Bay: Dr. Hardwick, 1 Extern, 1 DA.....	6/3-7
Chuathbaluk: Conan Murat DHAT, + DA	6/3-7
Grayling: Carrie Tikiun, DHAT	6/10-14
Kwethluk: Dr. Giauque + 2 DAs.....	6/10-11
Pilot Station: Bernadette Charles, DHAT with DA Janelle Amos	6/10-14
Alakanuk: Bonnie Hunt, DHAT, + Assistant	6/11-14
Kotlik: Dr. C. Humphrey + 1 Extern +1 DA	6/11-15
Kwethluk: David Humphrey, DDS.....	6/12-14
Kwethluk: Dr. Giauque + 2 DA.....	6/17-18
Hooper Bay: Dr. Hardwick, 1 Extern, 1 DA.....	6/17-21
Kotlik: Renee Cheemuk, DHAT + DA	6/17-21
Kwethluk: David Humphrey, DDS.....	6/19-21
Marshall: Steven Burnett, Dentist, with Nadine Long.....	6/23-28
Russian Mission: Carrie Tikiun, DHAT	6/24-28
Alakanuk: Bonnie Hunt, DHAT + Assistant.....	6/25-28

FAMILY MEDICINE

Quinhagak: Angel Acevedo, MD, Pediatrician	6/3-6
Anvik: Colleen Britt, FNP & April Mattson	6/3-6
Tuluksak: Kevin Krenek FNP	6/3-6
Mekoryuk: Anne Willard, FNP	6/3-6
Marshall: Eileen Lawson, PA-C with health aide	6/3-7
Crooked Cr: William "Chet" Ford, NP-PA.....	6/4-12
Holy Cross: Deb Coolidge, NP-PA.....	6/5-13
Grayling: Gilbert Steffanides, MD.....	6/10-12
Pilot Station: Vicki Lear, PA- C with CHA	6/10-14
Chevak: Sandy Beeman PA-C.....	6/11-13
Anvik: Gilbert Steffanides MD	6/13-14
Scammon Bay: Rebekah Diky, PA-C	6/18-20
Tununak: Matthew Willard,	6/24-26
Quinhagak: William Miller FNP	6/24-27
Pilot Station: Denise Tran, NP with CHA	6/24-27
Sleetmute: William "Chet" Ford, NP-PA.....	6/24-7/2

PHN

Chevak: Susi Peterson, Donna Bean	6/16-19
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DIABETES

Tuntutuliak: Angela Wilbanks and Amber Jones.....	6/11-12
Alakanuk: Angela Wilbanks & Amber Jones -	6/26-28

OPTOMETRY

Chefornak: Krystle Penafior, Optometrist	6/3-7
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July

DENTAL

Crooked Creek: Carrie Tukiun, DHAT.....	7/8-12
Kotlik: Renee Cheemuk, DHAT with Assistant	7/8-12
Kasigluk: Mark Reynolds, Leandra Brink, Mikayla Tinker:.....	7/9-19
Russian Mission: Dr. C. Humphrey + 1 Extern + 1 DA.....	7/9-17
Alakanuk: Bonnie Hunt, DHAT, + Assistant	7/15-18

Lime Village: Conan Murat, DHAT + DA	7/15-19
Pilot Station: Bernadette Charles, DHAT	7/15-19
Russian Mission: Carrie Tikiun, DHAT	7/22-26
Chevak: Sadie Green, DHAT.....	7/22-26
Alakanuk: Bonnie Hunt, DHAT	7/29-8/1
St. Mary's: Bernadette Charles, DHAT with Janelle Amos and Kara Stevens	7/29-8/2

FAMILY MEDICINE

Chevak: Sandy Beeman	7/1-3
Sleetmute: William "Chet" Ford, NP-PA.....	7/1-2
Chefornak: Andrea Fahas, FNP.....	7/8-13
Hooper Bay: Elizabeth Roll, MD	7/8-10
Chuathbaluk: William "Chet" Ford, NP-PA.....	7/9-17
Mountain Village: Denise Tran, NP, with CHA.....	7/11
Lime Village: Rachael Youngblood and Rachel Konteh	7/15-19
Anvik: Deb Coolidge, NP-PA	7/15-25
Nunapitchuk: Luvae Southerland with nurse.....	7/16-18
Pilot Station: Vicki Lear, PA-C with CHA.....	7/16-18
Stony River: William "Chet" Ford, NP-PA.....	7/22-24
Mtn Village: Eileen Lawson, PA-C with CHA	7/23-25
Newtok: Matthew Willard, PA.....	7/29-31
Scammon Bay: Rebekah Diky, PA-C	7/30-8/1
Scammon Bay: Angel Acevedo & Jennifer Case (resident) with nurse....	7/30-8/1
Russian Mission: Deb Coolidge, NP-PA.....	7/29-8/7

DIABETES

Hooper Bay: Angela Wilbanks, Amber Jones, Ray Petersen	7/17-18
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August

DENTAL

Kotlik: Renee Cheemuk, DHAT + DA.....	8/5-9
Scammon Bay: Sadie Green, DHAT	8/5-9
Chevak: Sadie Green, DHAT	8/19-23
Alakanuk: Bonnie Hunt, DHAT	8/19-22
Marshall: Bernadette Charles, DHAT, with Janelle Amos and Kara Stevens.....	8/19-23

FAMILY MEDICINE

Sleetmute: Colleen Britt FNP & April Mattson, CHP	8/5-7
Crooked Creek: William "Chet" Ford, NP-PA.....	8/6-14
Chevak: Sandy Beeman PA-C.....	8/6-8
Nunapitchuk: Lisa Stout, CNM, and Blake Shahlaie, PA, with nurse	8/6-8
Pilot Station: Eileen Lawson, PA- with CHA.....	8/6-8
Shageluk: Deb Coolidge, NP-PA	8/12-21
Russian Mission: Rachael Youngblood, FNP & Rachel Konteh	8/12-16
Scammon Bay: Susan Dunbar, WHNP and Laura Koskenmaki, FNP	8/12-14
Sleetmute: William "Chet" Ford, NP-PA	8/19-28
Pilot Station: Denise Tran, with Health aide	8/19-22
Napaskiak: Dr. Tyree and nurse	8/19-21
Nightmute: Anne Willard, FNP	8/19-21
Chevak: Linda Hewett, FNP	8/20-22
Sleetmute: Carrie Tikiun, DHAT	8/26-30
Tuluksak: Deb Coolidge, NP-PA.....	8/26-9/4
Holy Cross: Colleen Britt, FNP and Agnes Nicoli	8/26-30