Community Health: A Family Tradition

Linda (left) and Shara (right) Davis make up the mother-daughter health aide team that care for the people of Nunivak Island at YKHC’s Mekoryuk clinic. Turn to page 7 to read more about Linda and Shara’s experiences working as a family team.
RESOURCES

YKHC main switchboard .................. 543-6000
Toll Free .................. 1-800-478-3321

APPOINTMENTS

Outpatient Clinics
(Yukon, Kusko, Delta) .................. 543-6442
Dental .................. 543-6229
Optometry .................. 543-6336
Audiology .................. 543-6466

SUBREGIONAL CLINICS

Aniak .. 675-4556
Emmonak .. 949-3500
St. Mary’s .. 438-3500
Toksook Bay .. 427-3500
Hooper Bay .. 758-3500

SERVICES

Inpatient (North Wing) .. 543-6330
Pharmacy Refill Line .. 543-6988
Toll Free .. 877-543-6988
Physical Therapy .. 543-6342
Women’s Health .. 543-6296
Irnivik Birthing Center .. 543-6346
Behavioral Health Services .. 543-6100

BH CRISIS RESPONSE LINE .. 543-6499
Substance Abuse Treatment .. 543-6730
Sobering Center .. 543-6830
Developmental Disabilities .. 543-2762
Emergency Room .. 543-6395
Office of Environmental Health & Engineering
Injury Contro & EMS .. 543-6420

ADMINISTRATION & SUPPORT

Administration .. 543-6020
Human Resources .. 543-6060
Public Relations .. 543-6013
Travel Management .. 543-6360

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For questions, comments, submission of articles, or subscription information, write to Messenger Editor, Yukon-Kuskokwim Health Corporation, P.O. Box 528, Bethel, Alaska 99559; or call 907-677-2232. E-mail: publicrelations@ykhc.org

Deadline is the 10th of the month, or the preceding Friday if the 10th is on a weekend, for publication on the first of the following month.

The Messenger is also available for download on our website at www.ykhc.org/messenger.

Please ask permission to reprint articles or pictures.

This institution is an equal opportunity provider.

ATTENTION: If you speak Yup’ik, free translations services are available to you. Call 907-543-6603.
Waqaa! As summer goes on, we want to share with you some of the features of the new Yukon-Kuskokwim Delta Regional Hospital. Deanna Latham, VP of Support Services and Jim Sweeney, VP of Hospital Services, will share with you how the new Irnivik OB—Labor and Delivery service will enhance quality and safety for our new mothers, their babies and families.

Irnivik OB – Labor and Delivery

The new Irnivik, or Obstetrics Department is located on the third floor of the expanded Yukon-Kuskokwim Delta Regional Hospital. Six new rooms are designed to be LDRPs (Labor, Delivery, Recovery, Postpartum), which means that our customers are able to stay in the same room during their entire visit at the hospital.

The rooms are much larger, almost double the size of our current rooms, so that there is plenty of space for family or friends and staff. Being on the third floor, they also have large windows so that there is a lot of natural light coming in and beautiful tundra views to the east of the hospital.

Every LDRP room has photography from the region mounted on the walls and our expectant mothers will be able to enjoy spa-like features with larger bathrooms and new tubs. The third floor of the hospital is designed around the “air” theme. The paint and finishes resemble the same warm colors you see with our beautiful sunsets and northern lights of the YK Delta.

The department has its own dedicated C-section operating room, a nursery, three patient rooms, and triage room with space for two beds. Each room also has a special two-way supply cabinets so that customers will not be disturbed when staff are emptying the dirty linen carts or restocking the medical supplies.

The new Irnivik is a modern and spacious design so that we can provide the highest quality care to the customers we serve.

In addition to the improved rooms, YKHC is updating technology to better serve our customers. In 2019, we are implementing a “QLess” system that will send a Patient Satisfaction Survey link to customers on their smart phones to allow them to provide instant feedback on the hospital service they just received.

When you complete the survey we can respond to your suggestions or concerns quickly. In addition to providing this service to our patients, the QLess system will enable departments to improve how patients flow through their appointments. This system is being done on a trial basis in our outpatient clinic now and will be rolled out to the rest of the corporation later in the year.

YKHC is committed to providing the best service possible to our customers and will continue improving our processes and staying current with the latest technology.
JULY 2019 – WATER SAFETY

While drowning deaths peak among one and two year olds, drowning continue to be the second leading cause of preventable death through age 15. According to NSC research, swimmers should keep a few safety precautions in mind:

- Don’t go in the water unless you know how to swim; swim lessons are available for all ages
- Never swim alone
- Learn CPR and rescue techniques
- Make sure the body of water matches your skill level; swimming in a pool is much different than swimming in a lake or river, where more strength is needed to handle currents
- If you do get caught in a current, don’t try to fight it; stay calm and float with it, or swim parallel to the shore until you can swim free
- Don’t push or jump on others
- Don’t dive in unfamiliar areas

“Never drink alcohol or take anything that would cause impairment when swimming.
- Remember that it is okay to use a life vest while you are swimming.
- Children and individuals who have limited swimming abilities should be supervised at all times.

MURKOWSKI, KLOBUCHAR INTRODUCE LEGISLATION TO PROTECT PRIVATE HEALTH DATA

From Senator Murkowski’s Press Office

Legislation focuses on data collected from health tracking devices and apps as well as DNA testing kits

WASHINGTON D.C.-- Senator Lisa Murkowski (R-AK) and Senator Amy Klobuchar (D-MN) introduced new legislation to protect consumers’ private health data.

While recent reports have highlighted how home DNA testing kits and health data tracking apps have given companies access to unprecedented levels of consumer health data, current law does not adequately address the emerging privacy concerns presented by these new technologies.

The Protecting Personal Health Data Act addresses these health privacy concerns by requiring the Secretary of Health and Human Services to promulgate regulations for new health technologies such as health apps, wearable devices like Fitbits, and direct-to-consumer genetic testing kits that are not regulated by existing laws.

“I continue to hear from Alaskans about privacy concerns when it comes to individual data. Protection of personal information, and health information in particular, is an important issue to me and to the people in our state...Information about an individual’s health is incredibly personal and keeping this information private and secure must be a priority,” said Senator Murkowski.

Current laws such as the Health Insurance Portability and Accountability Act of 1996 were enacted by Congress when many of the wearable devices, apps, social media sites, and DNA testing companies collecting and sharing health data today did not exist. As science continues to drive technological innovation, we must not sacrifice privacy.

The Protecting Personal Health Data Act would require regulations to help strengthen privacy and security protections for consumers’ personal health data and ensure that these regulations take into account the ability of consumers to navigate their health data privacy options, and to access, amend, and delete a copy of the personal health data that companies collect or use.
PJCP CONSTRUCTION

Cultural graphics were completed in the first floor waiting area and hall entrances to Acute Care. The graphic glass guardrail was installed at the second floor balcony. The selected artist has begun the wall mural at the main stair. Artist contracts are underway and artists are beginning to create their art for the PJCP. BiNW has begun installing furniture in areas as they are completed.

Door access control, CCTV and PA systems programming were completed in early June. Contractors continue addressing punchlist items in June with substantial completion turnover occurring throughout the month.

YKHC is procuring automated lab equipment while the Contractor is roughing-in new mechanical and electrical system locations.

Equipment continues to arrive in Bethel and is being stored off-site or installed in the Clinic right away. The first exam room was mocked up with all equipment for outpatient staff review and approval. YKHC IT is installing more than 80 computers at the first floor. In the central utility plant (CUP) area, corridors are being completed, and lighting will be finished in June. In May, YKHC maintenance staff was involved in fire pump startup and training, and fire alarm training. Staff were also trained on the elevator operation and maintenance.

At the second floor, vinyl flooring is being installed in the dental wing and continues through common areas. Cable tray installation and pulling of communication cable, nurse call, door access, fire alarm and power at the dental wing were completed, followed by ceiling grid and YKHC above-ceiling inspection. These systems continue ahead of ceiling grid in the east half of the second floor. Burkhart Dental is scheduled to start dental equipment mobilization and installation in early June.

On the third floor, vinyl flooring was laid in the corridors and nurse stations. Door, hardware and access control installation continue. Casework and nurse station/reception desks installation is progressing. Medical gas and dental vacuum piping was completed in the penthouse and was followed by medical gas certification and training at the end of May.

Startup of the new chiller units was finalized in May and YKHC maintenance staff attended training. Inspections by the design team were scheduled for the first week in June. Patient lifts were installed in five patient rooms, and audiometric sound booths for hearing tests are being installed in the Audiology Department. Large intake air hood installation on air handler units in the penthouse continues. Display cases are installed.

On the building exterior, rain screen (siding) Parklex panel installation continues at the entry vestibule and radius wall. Backing was installed for the YKHC logo sign on the radius wall. Boardwalks, sidewalks and topsoil with seeding were all planned for June. The Chief Eddie Hoffman Highway drive lane work has begun.

HOSPITAL RENOVATION

In Phase 2B Radiology Fluoro, the installation of the fluoroscopy equipment began in late May and continued into June. Phase 3B, YKHC Maintenance shop and offices were inspected for Substantial Completion on May 30 with turnover to YKHC scheduled for early June. Structural steel upgrade installation continues sporadically throughout the interstitial space, all special inspections welding is current. The new access corridor between the hospital and utility area of the clinic was framed and drywalled for fire rating.
CARE AND PROTECTION OF YOUR EYES

Summer and all of the outdoor activities that we love to participate in have finally arrived. As we take steps to protect our skin against the elements we should also apply the same care and protection to our eyes.

The American Optometric Association says you should always don sunglasses during the daylight hours because:

- They protect your eyes against the sun’s UV rays, which could otherwise lead to cataracts.
- They protect against “blue light” from the solar spectrum, which could increase your risk of macular degeneration.
- They lead to improved and more comfortable vision from not having to squint.
- They can make it easier to adapt to darkness. Exposure to bright light can make it more difficult to adjust to driving at night.
- They also provide protection from foreign objects flying into your eyes when biking, boating or 4-wheeling.

Warm weather also brings with it the opportunity for gardening, exterior home improvement projects and recreational vehicle and watercraft maintenance and it is very important that safety glasses be worn at all time because:

- Eye protection prevents pollen, dirt, dust, and other irritants from entering the eye.
- Safety glasses keep chemicals and pesticides from splashing in the eyes.
- They also protect eyes from tools, machinery, branches and/or leaves. Projectiles from tools such as axes and hammers and power tools such as weed cutters, belt sanders and chain saws can reach up to 700 mph in velocity and will cause irreparable damage when coming in contact with unprotected eyes.

NEW LENS EDGER AT THE EYE CLINIC!

One of the complications of Diabetes is fluctuating vision, which often requires frequent spectacle prescription changes until the individual’s blood sugar can be stabilized.

In an effort to better assist these patients the Diabetes department purchased a lens edger machine which was installed in the Optometry Clinic in February.

This equipment enables the Eye Clinic to grind ophthalmic lenses on-site, allowing for some spectacle prescriptions to be filled and dispensed on the same day as ordered.

It has also decreased the wait time by half for prescriptions that require specialty lenses that need to be ordered from outside labs. The lenses are now shipped to YKHC and spectacles are assembled in house.

These services will be expanded when the move to the new facility is complete and a larger lens inventory will be maintained.

OPTOMETRY CLINIC

HOURS: 8 a.m. – 5 p.m., Monday – Friday
After hours: Go to the Emergency Department, optometrist on call will be paged

SERVICES

- Comprehensive eye exams
- Contact lens fitting and evaluation
- Purchase frames, lenses, sunglasses, contact lenses, and solution
- Diagnosing, treating, and managing ocular conditions
WHO WE ARE

Linda Davis, CHP and Shara Davis, CHP are a mother-daughter health aide team in Mekoryuk. Together, they care for the people of Nunivak Island.

Many of us are privileged enough to stay close to home and work in the communities we grew up in. For community health practitioners Shara and Linda Davis “close to home” takes on a bit more truth. They are a mother-daughter duo in the village of Mekoryuk, the only such health aide team in YKHC.

Love of their community is the central force behind what drives both Linda and Shara to be health aides. “I love Mekoryuk. I love the people,” says Linda. Shara says she wanted to become a health aide to bring health care to her people, “I see little children, I do well with them so I get to see them grow up and help them along the way with their health,” Shara says. “I know each and every person out here in this village. I really love my community, so I love being a health aide.”

Linda and Shara also find happiness in where Mekoryuk is situated on Nunivak Island. Linda explains that it brings piece of mind, “taking walks out on the beach helps us to de-stress.”

Shara explains that living there allows her to do what she loves. “My favorite thing to do is anything to do with subsistence. I love fishing. I love berry picking, I love being outdoors.”

Shara and Linda both say being a mother-daughter team makes their job much easier. Shara says, “I love working with my mom. We help each other a lot. When she needs help I’ll step in and help her. When I need help she’ll step in and help me.”

Linda explains, “Being a mother daughter health aide team, you know we know what each one is going through so I think that really helps. She’s done really good. She’s my best friend, best coworker, we help each other.”
Healthy Living

PROUDLY SUPPORTING PRIDE!

On June 8, YKHC’s Nicotine Prevention & Cessation Department (NPCD) partnered with Teens Acting Against Violence (TAAV) to host Bethel’s first Pride Parade.

In a historic move, local Bethel teenagers came together to create positive change in the YK Delta. The young activists at TAAV have noticed an issue—the perception and treatment of lesbian, gay, bisexual, transgender, queer (LGBTQ) individuals within Bethel.

The LGBTQ community is considered a minority group and thus has been discriminated against as well as isolated. One example of this is “Project SCUM.” In 1995, a marketing strategy was developed by tobacco companies to boost cigarette sales by focusing on ‘sub-culture’ and urban areas. Similar tactics have been used to target other minority groups. This is the type of treatment that TAAV wanted to highlight and work against through a partnership with NPCD.

The Pride Parade kicked off at the Cultural Center at 11 a.m. Participants marched to YKHC and back to the Cultural Center where activities, food and information was provided until 3 p.m. The event had a comprehensive smoke and tobacco-free policy, symbolizing the partnership between TAAV and NPCD. This allowed all participants to enjoy a healthy event promoting pride in Bethel.

With this event now firmly in the YK Delta’s history books, it is clear for anyone to see that teens are making a difference by ensuring everyone has a healthier place to live and feel proud.

NPCD would be thrilled to work with another organization’s event. If you would like assistance in such endeavors you can call our office at 907-543-6512 or 1-800-473-5321 ext. 6312 or email us at nicotinecontrol@ykhc.org.

RECIPE OF THE MONTH

Three Bean Sala

Ingredients

- 1 can green beans, drained and rinsed
- 1 can pinto or garbanzo beans, drained and rinsed
- 1 can kidney beans, drained and rinsed
- 1 green pepper, chopped (optional)
- 2 teaspoons sugar
- 6 tablespoons apple cider vinegar
- 3 tablespoons vegetable oil
- ½ teaspoon black pepper

Directions:

1. Mix the green beans, pinto or garbanzo beans, kidney beans, and green pepper (if using) in a large bowl.
2. In a small bowl, mix the sugar, vinegar, oil, and black pepper.
3. Pour the liquid mixture over the beans and toss together.
4. Serve immediately or chill overnight for even better flavor.

Be creative! Try adding minced onions, other vegetables, or cooked whole wheat pasta.
Howard Westlock Jr., (11-years old) took the initiative to volunteer his time to help the YKHC Nicotine Prevention & Cessation program give away raffle prizes during the Career and Resource Fair in Emmonak.

He could have spent his free time playing games with his peers outside the community hall, instead he offered to help give away Nicotine Prevention & Cessation Program raffle prizes during the fair. We enjoyed his energetic personality and positive attitude as he sat in front of the Nicotine Prevention & Cessation booth and interacted with other youth in the community. YKHC Nicotine Prevention & Cessation program staff will always be very grateful to Howard Westlock Jr. for his leadership role and his kevgiuryaraq (volunteer help) during the Emmonak Career & Resource Fair.

### New Service Hours in the Hospital

**Monday-Friday**
- Breakfast: 7:30 a.m - 10:30 a.m
- Lunch: 11:30 a.m - 1:30 p.m
- Snack: 2:30 p.m - 3:30 p.m
- Dinner: 4:30 p.m - 6 p.m

**Saturday-Sunday**
- Breakfast 7:30 a.m - 10:30 a.m
- Lunch: 11:30 a.m - 1 p.m
- Dinner: 4:30 p.m - 6 p.m

### MEDICAID VS. MEDICARE

The **Alaska MEDICAID Program** provides free or low-cost health coverage to eligible applicants. To be eligible you must meet minimal financial and non-financial guidelines.

There are many different categories that an applicant could be approved for. Each Medicaid recipient will be assigned an eligibility code which determines the type of service they may receive. Many plans under Medicaid cover transportation, which includes lodging, taxis and meals.

It is very important that all Medicaid recipients continue to do their renewal applications or they may lose benefits. In addition, it is very important for recipients to always keep their name and address current with Medicaid.

Recipients can update their information with a “Change of Report” form. If a recipient needs to travel and their name or address differs from their Medicaid benefits they will not be able to travel until a Change of Report form is completed and Public Assistance has processed your change.

**MEDICARE** is a federal health insurance program for those who are 65 and over, or have a qualifying disability.

Medicare is broken down into Parts A, B, C and D. Some parts are free to the recipient but other parts may have an additional cost.

Medicare enrollment begins three months before your 65th birthday and continues for seven months. If you are currently receiving Social Security you don’t need to apply; you will be automatically enrolled in Parts A and B effective the month you turn 65. If an applicant misses the deadline they can only enroll during general enrollment, which is January 1 to March 31. However, benefits will not be active until July 1.

In order for someone to receive transportation benefits under Medicare they need to be dually eligible for Medicare and Medicaid. If they do not qualify for Medicaid no transportation benefits are available—this would include lodging, taxi and meals.

If you have any questions, please call Medicaid Enrollment 907-543-6470

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**YKHC IS TURNING 50 – HELP US CELEBRATE!**

YKHC turns 50 in 2019! This anniversary represents 50 years of Working Together To Achieve Excellent Health.

To celebrate our anniversary, YKHC is planning a large community event to remember YKHC’s past while we look to the future of YKHC’s services in the YK delta.

**YKHC’S 50TH ANNIVERSARY CELEBRATION IS SET FOR SATURDAY, AUGUST 17.**

We are still finalizing details of the event, but we hope you will join us! Watch for details on YKHC’s Facebook page as we get closer to the event date.
AKIACHAK IN GOOD HANDS WITH EVANGELINE PHILLIP

Health Aide Evangeline Phillip recently completed her recertification as a Community Health Practitioner in her home village of Akiachak. She demonstrated advanced knowledge and skills throughout the testing and clinical evaluation. She is methodical in her work. She conducts a thorough chart review before each encounter, paying close attention to their immunization status, recent antibiotic use, and relevant health concerns.

She collects history information with great detail. Her exam skills are proficient and accurate. She uses excellent judgment in all aspects of her work, using standing orders and consulting with Bethel providers as appropriate. Having served her community since 2002, she is a great example of the capable, reliable, and reassuring presence our village residents depend on.

—Rita Kalistook, Nurse Practitioner, Basic Training Instructor

SESSION IV HEALTH AIDES

Please welcome the session four health aide trainees for June 2019: Annette Nick is from Atmauluak, Bernadette Hanson is from Nunam Iqua, Theresa Twitchell is from Kasigluk and Gwendolyn Heckman is from Pilot Station.

Due to construction, they will not be able to complete their clinicals until August. Just the same, be sure to thank them for their hard work; they’re gearing up to do the hardest job in the Delta!

BEHAVIORAL HEALTH CONTINUES WORK WITH CAMP FIRE

On May 30 and 31, Behavioral Health Aides collaborated with the Camp Fire staff to plan what is going to be a great time for all youth within the villages this summer.

Camp Fire’s Rural Alaska Program started more than 50 years ago and the Behavioral Health Outpatient Department is super excited to continue to partner with them after starting this journey with them in 2018.

Youth and communities will be able to learn healthy living skills, creative arts, outdoor recreation, water safety, substance use awareness, social-emotional skills and much more!
NEED A RIDE FROM THE AIRPORT?

Are you flying into Bethel to receive care from YKHC at the hospital in Bethel? If so, skip the taxi and catch a ride with us!

Our shuttle operates Monday–Friday, except holidays, and stops at the major bush airline terminals.

Patients are welcome to ride the shuttle from the airport to the hospital and back to the airport after their appointments are done.

When arriving at the airline terminals, uniformed YKHC staff announce in each terminal the shuttle has arrived and will departing shortly.

All YKHC patients and escorts are welcome aboard our shuttle.

The shuttle only stops at the locations in the schedule to the right.

Thanks for riding with us!

Airport Shuttle Schedule

<table>
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<tr>
<th>Route #</th>
<th>Depart Hospital</th>
<th>Drop-off/Pickup Yute</th>
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<th>Return to Hospital</th>
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TOBACCO-FREE CAMPUS FLOOR MATS HAVE ARRIVED

The long awaited and anticipated custom YKHC Tobacco Free floor mats have arrived in Bethel. In a special agreement with our vendor, all clinics outside of Bethel will receive one floor mat drop-shipped directly to the clinic.

Tobacco Free campus policies improve the health of our communities. They work by protecting the public from secondhand smoke exposure and support people in quitting tobacco and staying quit.

If you would like to provide comments or suggestions on the Tobacco Free Campus policy, please reach out to our department: NicotineControl@ykhc.org. We are forming a committee that will meet quarterly to address concerns and highlight successes to support and improve the policy.

—Victoria Galanopoulos, Tobacco Prevention & Cessation Coordinator
WHO’S COMING TO A CLINIC NEAR YOU?

The following providers will be bringing healthcare services closer to your home in the coming months. To schedule an appointment time, contact your village health clinic.

Dates are subject to change dependent on weather.

JULY

**Dental**

Crooked Creek: Carrie Tukiun, DHAT .................................................. 7/8-12
Kotlik: Renee Cheemuk, DHAT with Assistant ................................ 7/8-12
Nunam Iqua: Renee Cheemuk, DHAT with Assistant ................... 7/9-12
Kasigluk: Mark Reynolds, Leandra Brink, Mikayla Tinker .................. 7/9-19
Russian Mission: Dr. Camille Humphrey + 2 DA ................................ 7/14-19
Alakanuk: Bonnie Hunt, DHAT + Assistant .................................. 7/15-18
Lime Village: Conan Murat DHAT + DA ........................................ 7/15-19
Pilot Station: Bernadette Charles, DHAT + DA ............................... 7/15-19
Russian Mission: Carrie Tukiun, DHAT + Assistant-- .................... 7/22-26
Chevak: Sadie Green DHAT ................................................................. 7/22-26
Alakanuk: Bonnie Hunt, DHAT with Assistant ............................... 7/29-8/1
St. Mary’s: Bernadette Charles, DHAT w/ Janelle Amos and Kara Stevens 7/29-8/2

**Family Medicine**

Chevak: Sandy Beeman ................................................................. 7/1-3
Sleetmute: William “Chet” Ford, NP-PA ........................................ 7/1-2
Chefornak: Andrea Fahn, FNP ......................................................... 7/8-13
Hooper Bay: Elizabeth Roll, MD ...................................................... 7/8-10
Chuathbaluk: William “Chet” Ford, NP-PA .................................... 7/9-17
Mountain Village: Denise Tran, NP + CHA .................................... 7/11
Lime Village: Rachael Youngblood & Rachel Konteh ........................ 7/15-19
Kotlik: Deb Coolidge, NP-PA ......................................................... 7/15-24
Nunapitchuk: Luvaee Southerland with nurse ................................ 7/16-18
Pilot Station: Vicki Lear, PA-C + CHA ............................................. 7/16-18
Stony River: William “Chet” Ford, NP-PA ....................................... 7/22-24
Mt Village: Eileen Lawson, PA-C + CHA ........................................ 7/23-25
Newtok: Matthew Willard, PA ......................................................... 7/29-31
Scammon Bay: Rebekah Diky, PA-C .............................................. 7/30-8/1
Scammon Bay: Angel Acevedo & Jennifer Case (resident) with nurse 7/30-8/1
Russian Mission: Deb Coolidge, NP-PA ......................................... 7/29-8/7

**Diabetes**

Hooper Bay: Angela Wilbanks, Amber Jones, Ray Petersen ............ 7/17-18

**Veterinarian**

Toksook Bay: Laurie Meythaler-Mullins, Vet ............................... 7/8-11
St Mary’s: Laurie Meythaler-Mullins, Vet .................................... 7/22-26

**Behavioral Health**

Chevak: BHA .................................................. 7/8-20
Aniak SRC: BHA ............................................... 7/8-12
St Mary’s: BHA .............................................. 7/8-12
Marshall: BHA .................................................. 7/8-12
Optometry

Mekoryuk: Dalila Lucatero, OD ....................................................... 7/22-26

AUGUST

**Dental**

Kotlik: Renee Cheemuk, DHAT + DA .............................................. 8/5-9
Scammon Bay: Sadie Green, DHAT ................................................. 8/5-9
Emmonak: Dr. Camille Humphrey +2 DA ....................................... 8/12-16
Upper Kalskag: Dr. Victoria Hardwick +1 DA ............................... 8/12-16
Tulukasak: Dr. R. MacArthur, Dentist ............................................ 8/12-13
Chevak: Sadie Green, DHAT .......................................................... 8/19-23
Chevak: Dr. Erin Glasque, Jennifer Mochin ................................ 8/19-23
Alakanuk: Bonnie Hunt, DHAT + Assistant .................................. 8/19-22
Marshall: Bernadette Charles, DHAT w/ Janelle Amos and Kara Stevens 8/19-23
Sleetmute: Carrie Tukiun, DHAT + Assistant ................................ 8/26-30

**Family Medicine**

Sleetmute: Colleen Britt, FNP & April Mattson, CHP .......................... 8/5-7
Crooked Creek: William “Chet” Ford, NP-PA ................................ 8/6-14
Chevak: Sandy Beeman, PA-C ......................................................... 8/6-8
Nunapitchuk: Lisa Stout, CNM and Blake Shahaie, PA with nurse .... 8/6-8
Pilot Station: Eileen Lawson, PA + CHA ......................................... 8/6-8
Quinhagak: Dr. Kameron Zimin + 2 DA .......................................... 8/8-16
Shageluk: Deb Coolidge, NP-PA ....................................................... 8/12-21
Russian Mission: Rachael Youngblood, FNP and Rachel Konteh .... 8/12-16
Scammon Bay: Susan Dunbar, WHNP and Laura Koskenmaki, FNP. 8/12-14
Sleetmute: William “Chet” Ford, NP-PA ......................................... 8/19-28
Pilot Station: Denise Tran, + CHA .................................................. 8/19-22
Napaskiak: Dr. Tyree and nurse ...................................................... 8/19-21
Nightmute: Anne Willard, FNP +1 .................................................. 8/19-21
Chevak: Linda Hewett, FNP ........................................................... 8/20-22
Tulukasak: Deb Coolidge, NP-PA ..................................................... 8/26-9/4
Holy Cross: Colleen Britt, FNP and Agnes Nicolli ......................... 8/26-30
Aniak & Chuathbaluk: Dr. Marsha Dunkley and Joan Daniels with nurse 8/26-28

SEPTEMBER

**Dental**

Nunam Iqua: Bonnie Hunt, DHAT + Assistant ............................... 9/3-6
Upper Kalskag: Conon Murat, DHAT + DA ................................ 9/8-13
Pilot Station: Bernadette Charles, DHAT with Janelle Amos and Kara Stevens 9/16-20
Kotlik: Renee Cheemuk, DHAT + DA ............................................. 9/23-27
Scammon Bay: Sadie Green, DHAT ................................................ 9/23-27

**Family Medicine**

Chuathbaluk: William “Chet” Ford, NP-PA ..................................... 9/3-9
Scammon Bay: Rebekah Diky, PA-C .............................................. 9/10-12
Kotlik: Deb Coolidge, NP-PA ......................................................... 9/9-18
Crooked Creek: William “Chet” Ford, NP-PA ................................ 9/16-25
Chevak: Linda Hewett, FNP, Field Clinic ...................................... 9/17-19
Akiachak: Deb Coolidge, NP-PA ..................................................... 9/23-10/2
Lower Kalskag: Colleen Britt FNP and April Mattson, CHP ............ 9/23-26
Chevak: Sandy Beeman Field Clinic .............................................. 9/24-26