



Dr. Bob Allen, YKHC's longest-serving dentist, stands in the new dental clinic space on the second floor of the new hospital's clinical expansion. Dr. Allen came to the YK Delta in 1975 when the hospital in Bethel was operated by the Indian Health Service. He has seen many different dental operations in his time with YKHC, but our new space is the largest and most advanced in our history. Read more on page 3 about improvements to our dental services.

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HOLIDAY CLOSURES

December 25
Christmas Day

December 26
Traditional Chiefs Day

January 1, 2020
New Years Day

YKHC Outpatient Clinics, Pharmacy and Administrative Offices will be closed, including Family Medicine, Dental, Optometry, Behavioral Health, and Specialty Clinics.

The Emergency Room will be open

RESOURCES

YKHC main switchboard 543-6000
Toll Free 1-800-478-3321

APPOINTMENTS

Outpatient Clinics
(Yukon, Kusko, Delta) 543-6442
Dental 543-6229
Optometry 543-6336
Audiology 543-6466

SUBREGIONAL CLINICS

Aniak 675-4556
Emmonak 949-3500
St. Mary's 438-3500
Toksook Bay 427-3500
Hooper Bay 758-3500

SERVICES

Inpatient (North Wing) 543-6330
Pharmacy Refill Line 543-6988
Toll Free 877-543-6988
Physical Therapy 543-6342
Women's Health 543-6296
Irrivik Birthing Center 543-6346
Behavioral Health Services 543-6100
BH CRISIS RESPONSE LINE 543-6499
Substance Abuse Treatment 543-6730
Sobering Center 543-6830
Developmental Disabilities 543-2762
Emergency Room 543-6395
Office of Environmental Health & Engineering,
Injury Control & EMS 543-6420

ADMINISTRATION & SUPPORT

Administration 543-6020
Human Resources 543-6060
Public Relations 543-6013
Travel Management 543-6360

The Messenger is a monthly publication produced by the Yukon-Kuskokwim Health Corporation's Public Relations Department as a report to Tribal Members.

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Deadline is the 10th of the month, or the preceding Friday if the 10th is on a weekend, for publication on the first of the following month.

The Messenger is also available for download on our website at www.ykhc.org/messenger. Please ask permission to reprint articles or pictures.

This institution is an equal opportunity provider.

ATTENTION: If you speak Yup'ik, free translations services are available to you. Call 907-543-6603.

YKHC BOARD OF DIRECTORS

Unit 1



Mary Ayunerak
Alakanuk



Michael Hunt, Sr.
Kotlik

Unit 2



Geraldine Beans
St. Mary's



Wassilie 'Wesley' Pitka
Marshall

Unit 3



Bonnie Persson
Upper Kalskag



Patricia Yaska
Chuathbaluk

Unit 4



Phillip K. Peter, Sr
Akiachak



James Nicori
Kwethluk

Unit 5



Stan Hoffman, Sr.
Bethel



Alton Alexie
Bethel



Walter Jim
Bethel



Chris Larson
Napaskiak

Unit 6



Anna Angaiak
Nunapitchuk



Adolph Lewis
Kwigillingok

Unit 7



Abraham David
Mekoryuk



James Sipary
Toksook Bay

Unit 9

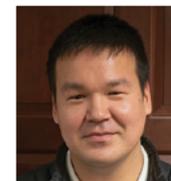


Patrick Tall
Chevak



Mamie Tinker
Hooper Bay

Unit 10



Darren Cleveland
Quinhagak

Unit 11



Marvin Deacon
Grayling

Honorary Board Member



James Charlie, Sr.
Toksook Bay

Message

from the President & CEO



November was an exciting month for YKHC because we moved into the second floor of the new hospital. Earlier this summer we moved into floors one and three, beginning to see customers for numerous services.

On November 14–18 the following departments moved into the second floor: Diabetes Prevention, Diagnostic Imaging, Tobacco Prevention & Cessation, and Physical Therapy. Behavioral Health moved into the second floor November 23–24. Lastly, the Dental department moved November 30–December 1. All clinical services at YKHC are now delivered from one location. No longer are clinical services being delivered on both sides of the busy Chief Eddie Hoffman Highway.

I would like to introduce you to Dr. Steven “Tucker” Burnett, who is our Dental Director. Dr. Burnett will describe in more detail our new Dental clinic, and with 33 dental chairs is the largest Dental clinic in the nation!

Quyana,

A handwritten signature in black ink, appearing to read 'Dan'.

A NEW ERA IN ALASKA NATIVE ORAL HEALTH IS UNDERWAY

From its inception, Dentistry as a profession has been isolated from the rest of the health community due to a flawed belief that oral health and systemic health are not intertwined. With move to the hospital, YKHC is integrating Dentistry with the other primary care services so we can better treat the whole person.

At YKHC Dental we are proud to be part of what it takes to fill our community with beautiful smiles. It is those bright smiles from the children, the parents, and our elders that bring us in to work every day. As we move into this new clinic we are looking forward to improving our community’s access to high level dental care. With a transition from 14 operatories to 33 operatories we have the opportunity to double the number of providers and staff to focus on your oral health.

Here in the YK Delta, with all of the beauty and opportunity around us, we are also faced with glaring challenges. Rates in our region are among the highest in the country for cavities in adults and children; and rates are also among the highest in the country for the consumption of sugary drinks. Our population is growing quickly and, until now, we have not been able to keep up with the cavity epidemic. It is our responsibility to foster momentum in the right direction. With the ever-growing need for care, this increased clinical space allows us the flexibility to take on these challenges in new and creative ways.



Dan Winkelman, President and CEO.



Dr. Steven “Tucker” Burnett, Dental Director.

ST. MARY'S SUB-REGIONAL CLINIC JOINS SCHOOL CARNIVAL

St. Mary's Sub-Regional Clinic participated in the annual St. Mary's School Carnival on October 29. Several team members volunteered to do flu shots and iron-on reflectors for carnival-goers.

St. Mary's SRC has been volunteering at the carnival for many years now and the community looks forward to the opportunity to get their flu shot in a convenient location and get the reflectors on their kids clothing before trick or treating.

Thank you to Jewellee Beans, CHP; Christopher Weingarh, CHA I; Clarence Johnson, Maintenance; Marian Ledlow, ESW; and Vicki Lear, PA-C for volunteering their time for this community event.

Thank you also to Alyssa Gustafson and her OEH team for letting us borrow her craft punches to offer some nice designs for the iron on reflectors!



Sharlene Paukan, Maintenance, shows off her Halloween decorated cookie promoting flu shots



Vicki Lear, PA, Mikey Beans and his mom Jewellee Beans, CHP, at the SRC booth offered free flu shots to carnival-goers.

We want to see a Delta full of healthy smiles, and the first step towards that is spreading the education of what it takes to keep your teeth and gums healthy. The coming increase in staffing will allow us more time for village travel, more time for educating customers about healthy habits, more time for outreach, and more time face to face with you and your children. With all of the advancements in dentistry and health-care that have been achieved, there is still no substitute for

the time we get to spend with our customers. We want to thank our customers for placing their trust in our hands through the years and we are excited to continue to earn that trust in this phenomenal new clinic.

*Thank you,
Dr. Tucker Burnett, Dental Director*

DECEMBER SAFETY TIP: Holiday Decoration Safety

12 Days of Safety

1. Never use lighted candles near trees or bough or wreaths
2. Keep poisonous plants out of reach of children and pets
3. Keep trees away from fireplaces, radiators, and other heat sources
4. Make sure your tree has a stable platform
5. Choose an artificial tree that is labeled fire resistant
6. If using a natural tree, make sure it is well watered
7. Check holiday lights for fraying, bare spots, gaps in the isolation or excessive kinking in the wire
8. Turn off all tree lights and decorations when not in use
9. When putting up decorations, use a step stool or ladder to reach high places
10. Designate a sober driver
11. When preparing meat, wash hands, utensils, sink and anything else that touches raw meat
12. Preheat leftovers to at least 165 F



Source: National Safety Council



December 2019

DR. PAUL JOHN CALRICARAQ PROJECT

Guiding Principles: Represent the Y-K region's Culture & Identity | Promote Customer Centered Care | Affordable Cost & Sustainable Operations

2019 YEAR IN REVIEW

January

- Final approval of Labor & Delivery room headwall
- Start of hospital servery remodel
- Complete remodel at Housekeeping

February

- Ordered/leased IT equipment
- Received and reviewed 233 artist proposals from 53 artists
- Start of demolition for Radiology renovation

March

- Completion and opening of Servery and Laundry
- Start of demolition for Radiology Fluoro renovation
- Start of floor installation in Clinic

April

- Completed the AVEC heat recovery line tap for the Clinic
- Completed above ceiling final inspections on the Clinic third floor
- Finalized artwork selections

May

- Stairwell art glass and cultural graphics installation on Clinic first floor
- Clinic operating on permanent power
- Equipment starts arriving in Bethel for off-site storage or installation

June

- Pneumatic tube system start-up in the Clinic
- Installation of Fluoroscopic equipment in Hospital Radiology
- Furniture install on Clinic first floor

July

- Paved parking lots and sidewalks at the Clinic entry and staff parking
- Substantial completion of the Clinic exam rooms and Pharmacy
- Outpatient and Pharmacy move in to Clinic first floor

August

- Internal opening/ribbon cutting ceremony for Clinic first floor
- Substantial completion of patient bedrooms third floor
- Staff move-in to Clinic third floor

September

- Demolished Hospital North Wing
- Old Outpatient Clinics remodel completed and ER moved into temporary space
- Physical Therapy moved into temporary space
- Inpatient Pharmacy completed

October

- Demolition of Hospital old Emergency Department
- Start-up of temporary sterilization rooms

November

- Substantial completion of Clinic second floor
- Majority staff move in to Clinic second floor

December

- Dental staff move in to Clinic second floor
- Diagnostic Imaging full move-in to Clinic second floor



Healthy Living

HAPPY HOLIDAYS FROM DIABETES PREVENTION AND CONTROL!

The holiday season is here and with that comes increased opportunities to indulge in sweet treats and large holiday meals.

Diabetes Prevention and Control is here to remind you that it is okay to celebrate the season with different foods, as long as you are aware of the portion sizes. Moderation is key!

For example, instead of eating a full serving of potatoes plus a full serving of pasta, try eating half of a serving of each so that, combined, you have one serving of carbohydrates instead of two.

Or, if you are making moose or fish soup, instead of adding rice, pasta, and potatoes, try only using one of those items. Instead, you can add extra canned or frozen vegetables to the soup to ensure it is still filling.



Slow Cooker Roast

Ingredients

- 1 lb Moose roast (or any kind of meat)
- 1 jar pepperoncini

Preparation:

1. Place roast in slow cooker or large pot.
2. Cover with contents of pepperoncini jar, including the liquid.
3. Cover and cook on low heat for 8-10 hours.

 Yukon-Kuskokwim HEALTH CORPORATION

Recipe compliments of
YKHC Diabetes Prevention and Control • 543-6133

If you are interested in learning more helpful tips about eating healthy during the holiday, please feel free to contact Diabetes Prevention and Control at 543-6133.

THE 2019 GREAT AMERICAN SMOKE-OUT

On November 21, YKHC's Tobacco Prevention & Cessation (TPC) department partnered with YKHC's Respiratory department to support and promote the national Great American Smoke-Out event. Together, we provided basic lung function screenings, education and promoted tobacco cessation. We estimate that 100 individuals either pledged to stop tobacco usage for that one day or provided a quit tip. Several examples include staying active, participating in cultural activities, eating chocolate and reminders to take it one day at a time.

As leaders in promoting health and wellness, we encourage our staff, community partners, villagers and patients to commit or recommit to healthy, tobacco-free lives—not just once a year, but every day!



Folks visit the tobacco prevention table at the new hospital for the Great American Smoke Out.

Piyuumiuteknarqelria

WAYS TO QUIT

DEVELOP YOUR PERSONAL GOAL TO QUIT USING TOBACCO:

Patrick Harris grew up in Washington where he started stealing Virginia Slims from his parents and smoking with his friends.

By the time he moved to Bethel and began working for YKHC as a construction foreman he was smoking 1–2 packs a day.

Over the past 35 years of tobacco use he thought about how smoking cigarettes was not good for his personal health and wellness and tried to quit smoking on his own several times, but never seemed to be successful in staying quit for long.

One day, Patrick thought about how important it was to lower his blood pressure and decided to do something about it. He enrolled with YKHC's Tobacco Prevention & Cessation



Patrick Harris, quit for more than 1 year.

program with a quit date set for March 5, 2018.

At first, he tried Chantix, but did not feel comfortable using the medication. Next, Patrick tried a combination therapy of 21mg patches and 4mg lozenges. During this time he also cleaned out his car and home to remove any evidence of cigarettes.

Another factor that added more to his determination to stop using cigarettes was when YKHC became a tobacco-free campus in February, 2018. The policy supported his personal goal to stop smoking cigarettes by removing smoking cues.

Since enrolling, Patrick has been tobacco-free and stopped smoking cigarettes for over a year. During that time his sense of taste and smell have greatly improved. When asked what his personal quit tip is, Patrick says, *Identify your personal reasons to quit.*

CROSS-CULTURAL COMMUNICATIONS TRAINING WITH FR. MICHAEL OLEKSA

The Tobacco Prevention and Cessation team coordinated an evening of communication training with a multicultural dinner. The goal of the event was to improve communication skills across the YK Delta and explore how culture influences the way we understand each other.

The idea for the training originated as a method to improve tobacco cessation services. Interest for the training quickly grew to other organizations and ultimately resulted in a community-wide event.

Fr. Michael Oleksa, a parish priest for the St. Alexis Orthodox Church, developed and delivered the training. He is recognized as an Elder by the Alaska Federation of Natives, a Distinguished Public Servant by the Board of Regents of the University of Alaska, and honored by the Alaska State Legislature and the National Governors Association.

Several people commented on the need for precisely this type of training and expressed their gratitude. One attendee said, "Father Michael is an interesting story teller and touched on a wide variety of cultures with humor and respect."

The 100 percent tobacco-free event was very well attended, with 92 community members at the Yupiit Piciryarait Cultural Center. Tobacco-free events protect our community from the deadly effects of tobacco use, demonstrates to youth that tobacco use is not the norm, and supports those who have chosen to quit. If you would like support to adopt a tobacco-free policy for your next event, please contact YKHC Tobacco Prevention and Cessation team for assistance at 543-6312, or email to TobaccoControlDeptMailList@ykhc.org.



Father Michael Oleksa talks with attendees after his cross cultural training last month.

Do you have your REAL ID?

Alaska residents will need a REAL ID by October 1, 2020 to fly on commercial airlines (like Alaska Airlines), visit or work on a military base or other federal property.



What is a REAL ID?

A REAL ID is a license or identification card that meets the current security standards of the federal government established by the REAL ID Act.

How do I apply for a REAL ID?

All applicants, including current Alaska identification card holders, must **apply in-person** at the DMV and provide documentation, even if it was previously submitted.

To apply for a REAL ID card, you will need to present documents at the DMV to verify your:

Do I need a REAL ID?

You may already have another form of ID that is REAL ID compliant, such as a valid passport or valid military ID.

Check the Alaska Division of Motor Vehicles (DMV) website <https://online.dmv.alaska.gov/REALIDchecklist> for more details.

You will need a compliant REAL ID for all air travel beginning October 1, 2020.

Example documents include, but are not limited to:*

✓	Identity	1 document that contains: <ol style="list-style-type: none"> 1. Date of birth 2. True full name (first, middle and last) 3. U.S. citizenship or lawful status 	<ul style="list-style-type: none"> • Valid U.S. passport • Certified copy of U.S. birth certificate • Certificate of Naturalization or Certificate of U.S. Citizenship
✓	Social Security Number (SSN)	1 document that contains: <ol style="list-style-type: none"> 1. Name 2. Full SSN 	<ul style="list-style-type: none"> • Social Security Card • W-2 form • Pay stub with full SSN • Ineligible for SSN? A letter from Social Security showing ineligibility dated within 90 days will be required
✓	Alaska Residency	2 documents that contain: <ol style="list-style-type: none"> 1. First and last name 2. 1 document must be dated within the last 90 days 	<ul style="list-style-type: none"> • Rental or lease agreement • Utility bills • Employment document • Insurance document • Alaska Tribal Card (for non-standard remote Alaska addresses only, within the tribal area indicated on the card) <p>Note: Two documents must be presented and cannot be handwritten or a P.O. Box or mail cache facility</p>
✓	Name Change (if applicable)	Name change documents	<ul style="list-style-type: none"> • Marriage certificate • Certified Divorce Decree or Dissolution of marriage document that contains the legal name as a result of the court action

*Additional or different documentation may be required depending on your personal circumstances and the type of identification document you are applying for (such as a CDL). Please visit the Alaska Division of Motor Vehicles (DMV) website for a full list of acceptable documents and to determine which documents you should bring to the DMV for your REAL ID application: <https://online.dmv.alaska.gov/REALIDchecklist>

NOTE: Documents must be originals or certified copies and unexpired, unless otherwise noted.

Need to update or replace your documents?

Order your documents as soon as possible. Processing times vary greatly by agency and location, and expedited service is not always available.



How much does a REAL ID cost?

- Driver License REAL ID = \$40
- State Identification Card REAL ID = \$35
- Commercial Driver License (CDL) REAL ID = \$120
- Senior ID REAL ID = \$20

CENSUS 101: WHAT YOU NEED TO KNOW

The 2020 Census is closer than you think!
Here's a quick refresher of what it is and why it's essential that everyone is counted.

Everyone counts.

The census counts every person living in the United States once, only once, and in the right place.

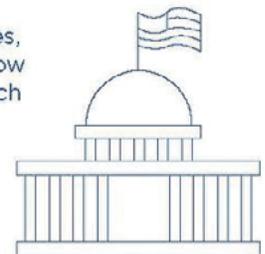


It's in the Constitution.

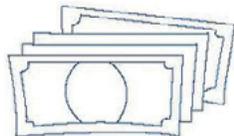
The U.S. Constitution mandates that everyone in the country be counted every 10 years. The first census was in 1790.

It's about fair representation.

Every 10 years, the results of the census are used to reapportion the House of Representatives, determining how many seats each state gets.

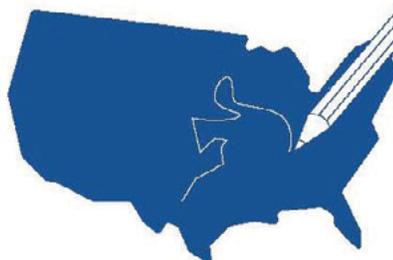


It's about \$675 billion.



The distribution of more than \$675 billion in federal funds, grants, and support to states, counties, and communities are based on census data.

That money is spent on schools, hospitals, roads, public works, and other vital programs.

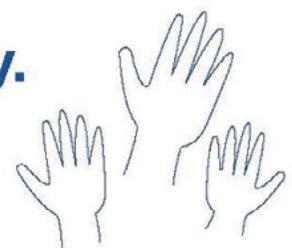


It's about redistricting.

After each decade's census, state officials redraw the boundaries of the congressional and state legislative districts in their states to account for population shifts.

Taking part is your civic duty.

Completing the census is mandatory: it's a way to participate in our democracy and say "I COUNT!"



OCTOBER 2019 HEALTH AIDE OF THE MONTH:

Linda Davis, CHP from Mekoryuk

Linda is one of two health aides in Mekoryuk. Currently, Mekoryuk's population is 174.

Mekoryuk is lucky to have a hardworking and dedicated health aide. She makes sure that her village is well taken care of. From preventative care to emergency care, she will be there.

Congratulations to both Linda and Shara Davis, Mekoryuk's other Health Aide, for increasing the immunization rates for the village of Mekoryuk.

There are times other villages need help with coverage. Without hesitation, Linda will help out. A great employee is like a four leaf clover—hard to find and lucky to have.



Linda Davis, CHP in Mekoryuk

YOUR CARE CLOSE TO HOME: YKHC's Itinerant Provider Program

by William C. Ford, FNP, CHAP Itinerant Program Coordinator

The CHAP Itinerant Advanced Provider Program began two years ago to increase access to care close to home for our patients. It also reduced unnecessary travel from the more remote villages to Bethel for routine care.

We started with one provider and were able to cover more than 30 of our villages in the first year of the program. Patients complimented the program and welcomed the provider to their villages. Due to the program's success, YKHC's leadership team decided to expand it in 2018.

The new expanded program will have a total of 12 providers dedicated to weekly village travel. It is expected to be fully staffed by February, 2020. Once fully staffed we will provide an average of 12 village visits per week. Our providers are also scheduling some much-needed evening and weekend clinic hours to better serve our customers that work or have children in school.

This program complements village travel by outpatient providers in Bethel as well as sub-regional clinics that provide coverage several times a year to villages assigned to them. It also supports the model of team-based care at YKHC and continuity of care through provider collaboration.

One question people often ask is, "What type of visits can I schedule with the itinerants?" The itinerants can provide follow-up and acute care visits. These visits include well child exam, immunizations, well woman exams, annual physicals, management of hypertension, management of diabetes, and



refill of most medications. Itinerants are also on-call when Health Aides are not available and support Health Aides in any emergency that occurs while they are in the villages.

The itinerants are working with Public Relations to keep you informed of upcoming village visits. Keep an eye on the YKHC Facebook page for updates, as well as the back page of the monthly Messenger. The itinerants are looking forward to seeing you and bringing your care close to home.

STAFF MOVES

BILLING EMPLOYEES RECEIVE CERTIFICATION



Congratulations to Mercedes Moses and Vouchry Nam who recently received their billing certificates for institutional billing. This exam requires working knowledge of patient account management as it relates to national governmental regulations and policies that govern revenue cycle registration, billing and collection procedures.

UPDATES FROM WIC

Kayla Liberty. WIC has added a second Breastfeeding Peer Counselor (BFPC) to our staff, Kayla Liberty). Kayla is actively working to complete a six-month training, which not only includes on-line learning modules developed by the State of Alaska and UAA, but on-the-job training with her breastfeeding mentor.



Kayla Liberty, pictured here with her father, Douglas Tony, and her 13-week-old son, Jaime.

She is actively learning how to manage her desire to exclusively breastfeed her infant while returning to work full-time. Kayla and the WIC staff will become more familiar faces in OB, as we try to improve the WIC application process from pregnant to post-partum.

WIC CPA earns Breastfeeding Credential

Vivian Bosgal has recently completed her Certified Breastfeeding Specialist (CBS) credential. This 45-hour evidence-based, on-line lactation management course was sponsored by the State of Alaska and Alaska WIC. This experience will add to the depth of knowledge within the WIC department about managing the complications associated with breastfeeding, as well as educating mothers about the health benefits breastfeeding can provide to mom and baby. As a CPA (WIC Certified Professional Authority), Vivian has full authority to evaluate nutritional risk and administer WIC benefits, except for in high-risk or medically complex scenarios which require the attention of a WIC Registered Dietitian. If you have any questions about WIC eligibility or breastfeeding, please contact WIC at 543-6459.

DHAT HERO



On November 19, in Portland, Oregon, national non-profit Community Catalyst and the National Partnership for Dental Therapy presented YKHC Dental Health Aide Therapist Conan Murat with a 2019 Community Leadership Award. This award was given to recognize and celebrate Conan's 15 years of leadership, community and courage in ensuring Alaskans have access to high quality dental care no matter where they live. Congratulations on your well-deserved award Conan!



The Contracts department under Legal would like to welcome Dolly Lamont to our team, she is our Contracts Specialist.

WHO'S COMING TO A CLINIC NEAR YOU?

The following providers will be bringing healthcare services closer to your home in the coming months. To schedule an appointment time, contact your village health clinic.

Dates are subject to change dependent on weather.

DECEMBER

Dental

Aniak: Conan Murat, DHAT + DA 12/2-6

Chevak: Sadie Green, DHAT 12/2-6

Upper Kalskag: Conan Murat, DHAT
and Dental Assistant 12/2-6

Russian Mission: Dr. Josh Giauque 12/5-13

Alakanuk: Bonnie Hunt, DHAT
with Assistant 12/2-5

Pilot Station: Bernadette Charles, DHAT 12/2-6

St. Mary's: Renee Cheemuk, DHAT + DA 12/2-6

Tuntutuliak: Dr. Sean Davis, with Clarence
Kalistook and Nicole Jimmie 12/3-13

Pilot Station: Renee Cheemuk, DHAT + 1 12/9-12

Mekoryuk: Allison Ayapan, DHAT + 1 12/9-14

Mekoryuk: Allison Ayapan, DHAT + 1 12/9-14

Holy Cross: Conan Murat DHAT
and Dental Assistant 12/16-20

Marshall: Renee Cheemuk, DHAT and DA 12/16-20

Kotlik: Bonnie Hunt, DHAT and Assistant 12/16-19

Family Medicine

Holy Cross: Haskell Ray Derryberry, NP-C 12/2-6

Nunapitchuk: Kate Platts, FNP (updated) 12/2-6

Pilot Station: Tom Miller, FNP
and Dr. Travis Bellville with nurse 12/2-5

Stony River: Chet Ford FNP, Mike Compton
and Laura Koskenmaki, FNP 12/2-11

Crooked Creek: Colleen Britt, FNP 12/2-4

Mekoryuk: Anne Willard 12/2-4

Nightmute: Deb Coolidge, PA-C 12/3-11

Scammon Bay: Rebekah Diky, PA-C 12/3-5

Sleetmute: Blake Shahlaie PA-C 12/7-22

Holy Cross/Grayling: Racheal Youngblood
and Agnes Nicoli 12/9-12

Russian Mission: Haskell Ray Derryberry, NP-C -
BTI 12/9-13

Crooked Creek: Kate Platts, FNP 12/9-13

Kotlik: Dr. Johnson
and resident Emily Harvey with nurse 12/10-12

Chuathbaluk: Laura Koskenmaki, FNP 12/16-23

Kwethluk: Deb Coolidge, PA-C 12/16-23

Mtn. Village: Denise Tran, NP
with Health Aide 12/17-19

Stony River: Kate Platts, FNP 12/16-20

Public Health Nursing

L. Kalskag: Tammy Kaboord
and Clinton Deaver 12/9-11

WIC

St. Mary's: Bertha Chase and Henry Batchelor 12/3

Mountain Village: Bertha Chase
and Henry Batchelor 12/4

Kongiganak: Bertha Chase 12/9

Kwigillingok: Bertha Chase 12/10

Emmonak: Vivian Bosgal,
Allyson Webber 12/17-18

JANUARY

Dental

Chuathbaluk: Conan Murat, DHAT
and Dental Assistant 1/6-10

Tununak: Shawn Martin, DHAT + 1 1/6-10

Tununak: Shawn Martin, DHAT + 1 1/6-10

Chefnak: Allison Ayapan, DHAT + 1 1/13-17

Tununak: Dr. David Humphrey
and two Dental Assistants 1/20-30

Upper Kalskag: Conan Murat, DHAT
and Dental Assistant 1/27-31

Family Medicine

Chuathbaluk: Blake Shahlaie, PA-C 1/3-20

Marshall: Deb Coolidge, PA-C 1/2-10

Nightmute: Anne Willard 1/6-9

Crooked Creek: Kate Platts, FNP 1/6-10

Mountain Village: Vicki Lear, PA-C 1/6-10

Tununak: Dr. Judy with nurse 1/7-9

Sleetmute: Chet Ford, FNP
and Mike Compton 1/7-15

Akiak: Joan Daniels, FNP with nurse 1/13-16

Russian Mission: Luvae Southerland, PA-C
with nurse 1/13-15

Stony River: Colleen Britt, FNP
and Agnes Nicoli, CHP 1/13-15

Hooper Bay: Dr. Mondesir
and Dr. Fahl (resident) 1/14-16

Chefnak: Deb Coolidge, PA-C 1/16-24

Chuathbaluk: Racheal Youngblood
and Rachel Konth 1/20-22

Crooked Creek: Chet Ford, FNP
and Mike Compton 1/21-28

Chevak: Linda Hewett, FNP 1/21-23

Lower Kalskag: Colleen Britt, FNP
and April Mattson, CHP 1/27-31

Akiak: Dr. Steffanides with nurse 1/27-30

Newtok: Matthew Willard, PA 1/27-30

Chevak: Sandra Beeman, PA-C 1/28-30

FEBRUARY

Dental

Russian Mission: Carrie Johnson, DHAT
and Jared Thorson, DA 2/17-21

L. Kalskag: Conan Murat, DHAT
and Dental Assistant 2/24-28

Family Medicine

Grayling: Marsha Dunkley, MD,
with nurse 2/3-6

Russian Mission: Racheal Youngblood
and April Mattson 2/3-6

Napakiaik: Anne Komulainen, PA-C
with nurse 2/3-5

Chevak: Linda Hewett, FNP 2/4-6

Tununak: Matthew Willard, PA 2/10-13

Anvik: Colleen Britt, FNP
and April Mattson, CHP 2/17-19

Chevak: Sandra Beeman, PA-C 2/18-20

U. Kalskag: Colleen Britt, FNP
and Agnes Nicoli, CHP 2/24-28

Nightmute: Dr. Judy with nurse 2/24-26

Chefnak: Lisa Stout, CNM with nurse 2/24-27

Mountain Village: Denise Tran, FNP 2/25-27

Diabetes

Emmonak: Philip Johnson 2/10-12