

COVID-19

Situational Report

Customers, partners, and employees: YKHC is here for you and your family. YKHC is making decisions related to COVID-19 based on guidance from the CDC, the State of Alaska and other experts. We are erring on the side of caution and in the best interests of our employees, customers and communities.

YKHC is publishing a situational report to provide an update on our COVID-19 response and planning. Here is this week's report.

Testing Update

As of 11 a.m. July 24, YKHC has performed 8,682 tests — 7,892 are negative and about 779 are pending. Three specimens were rejected by a private lab. YKHC has tested individuals in more than 32 communities in our service area, including Bethel.

- YKHC has confirmed or identified a total of 29 positive COVID-19 cases in Bethel and the YK Delta. 11 of the 29 cases were residents tested out-of-region, but per State reporting protocols, will be counted as YK Delta cases. 7 of these 29 total cases are non-residents. Therefore, per State reporting protocols, the official State YK Delta case count will remain at 22.
- Every Wednesday from noon-4:00 p.m. YKHC is offering COVID-19 testing **without** appointment at the drive-thru testing site in Bethel. Testing at this site is available Monday, Tuesday, Thursday, and Friday, but by appointment only. Individuals concerned with COVID-19-related symptoms can call 543-6949 to be assisted. Testing continues to be available at YKHC village clinics. Customers simply need to call the clinic to be assisted.
- All new positive COVID-19 cases identified and known in the YK Delta are reported on YKHC's website at: <https://www.ykhc.org/covid-19/news/>

Recoveries

- Cases are considered recovered either through serial testing or time.
 - › For serial testing, if an individual has been symptomatic, they must receive 2 negative PCR tests more than 24 hours apart after symptoms resolve to be cleared. If they are asymptomatic, they must receive a negative PCR test after the initial test.
 - › For time, an individual who has been symptomatic is considered recovered when 10 days have elapsed from when symptoms began, symptoms show improvement, and an additional 3 days have elapsed since their last fever. If asymptomatic, an individual is considered recovered 10 days from their last test.
- Of the total 29 confirmed or known positives cases in the YK Delta, YKHC is managing contact tracing and follow-up testing for 24 of these cases — as they were identified in-region or considered infectious while here. 26 of these 29 cases are considered recovered, with 3 remaining active. 11 of these cases were either identified out-of-region or were not infectious while here.

Situation Report

- Late in the day on July 20, YKHC was notified that an individual who resides in a YKHC service area village tested positive for COVID-19 while in Anchorage. The individual is currently self-isolating in Anchorage. Contact tracing reveals the individual was not in the YK Delta during the period of time they would have been exposed to or considered infectious for COVID-19. Therefore, follow-up testing is being managed in Anchorage and the Alaska Section of Epidemiology will work collaboratively with YKHC for contact tracing. More here: <https://www.ykhc.org/one-covid19-case-in-yk-delta-on-july21/>
- On July 23, YKHC was notified that an individual who resides in a YKHC service area village tested positive for COVID-19 while in Anchorage. While the individual has been out of the region for over two weeks, per State reporting protocols, the positive case will be counted as a YK Delta case. The individual is currently self-isolating in Anchorage. Contact tracing reveals the individual was not in the YK Delta during the period of time they would have been exposed to or considered infectious for COVID-19. Therefore, follow-up testing is being managed in Anchorage and the Alaska Section of Epidemiology will work collaboratively with YKHC for contact tracing. More on this case here: <https://www.ykhc.org/one-covid19-case-in-yk-delta-on-july23/>
- *Have you received a COVID-19 test at the airport or at your local YKHC clinic?* Access your test result through your myYKHealth profile, by accessing "Health Record," then "Results." We've created a helpful step-by-step guide on our website for how to access your existing myYKHealth account, as well as instructions on how to self-enroll to create an account. The step-by-step guide is on our website here. More here: <https://www.ykhc.org/how-to-access-mykhealth/>

Resources

- YKHC COVID-19 page: www.ykhc.org/covid-19
- State of Alaska COVID-19 page: covid19.alaska.gov/
- CDC COVID-19 page: www.cdc.gov/coronavirus/2019-ncov

Contact

Tiffany Zulkosky, Vice President of Communications, tiffany_zulkosky@ykhc.org

YKHC Incident Command, (907) 543-6275. Currently staffed Mon. – Fri., 8 a.m. – 5 p.m.