

COVID-19

Situational Report

Customers, partners, and employees: YKHC is here for you and your family. YKHC is making decisions related to COVID-19 based on guidance from the CDC, the State of Alaska and other experts. We are erring on the side of caution and in the best interests of our employees, customers and communities.

YKHC is publishing a situational report to provide an update on our COVID-19 response and planning. Here is this week's report.

Testing Update

As of 11 a.m. August 7, YKHC has performed 10,371 tests — 9,904 are negative and about 447 are pending. Three specimens were rejected by a private lab. YKHC has tested individuals in more than 32 communities in our service area, including Bethel.

- YKHC has confirmed or identified a total of 40 positive COVID-19 cases in Bethel and the YK Delta. 14 of the 40 cases were residents tested out-of-region, but per State reporting protocols, will be counted as YK Delta cases. 11 of these 40 total cases are non-residents, so per State reporting protocols, the official State YK Delta case count will remain at 29.
- Every Wednesday from noon-4:00 p.m. YKHC offers free COVID-19 testing **without** appointment at the drive-thru testing site in Bethel. Testing at this site continues to be available Monday, Tuesday, Thursday, and Friday, but by appointment only. Individuals concerned with COVID-19-related symptoms can call 543-6949 to be assisted. Testing continues to be available at YKHC village clinics. Customers simply need to call the clinic to be assisted.
- All new positive COVID-19 cases identified and known in the YK Delta are reported on YKHC's website at: <https://www.ykhc.org/covid-19/news/>

Recoveries

- Cases are considered recovered either through serial testing or time.
 - › For serial testing, if an individual has been symptomatic, they must receive 2 negative PCR tests more than 24 hours apart after symptoms resolve to be cleared. If they are asymptomatic, they must receive a negative PCR test after the initial test.
 - › For time, an individual who has been symptomatic is considered recovered when 10 days have elapsed from when symptoms began, symptoms show improvement, and an additional 3 days have elapsed since their last fever. If asymptomatic, an individual is considered recovered 10 days from their last test.
- Of the total 40 confirmed or known positives cases in the YK Delta, YKHC is managing contact tracing and follow-up testing for 31 of these cases — as they were identified in-region, are YK Delta residents currently elsewhere in state, or considered infectious while here. 36 of these 40 cases are considered recovered, with 4 remaining active. 14 of these cases were either identified out-of-region or were not infectious while here.

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- On July 31, YKHC was notified that an individual currently in a YKHC service area village tested positive for COVID-19 in Anchorage. The individual was not notified about the positive test result until after travel occurred. The individual is currently self-isolating and YKHC is working with the State of Alaska Section of Epidemiology to conduct contact tracing, follow-up testing, and ensure precautions are taken to protect people the individual may have been in close contact with. More here: <https://www.ykhc.org/one-covid19-case-in-ykdelta-july31/>
- On August 1, YKHC confirmed a positive COVID-19 case of a Bethel resident identified through testing of inbound passengers at the Bethel airport. The individual is currently self-isolating and YKHC is working with the State of Alaska Section of Epidemiology to conduct contact tracing, follow-up testing, and ensure precautions are taken to protect people the individual may have been in close contact with. More here: <https://www.ykhc.org/one-covid19-case-in-bethel-august1/>
- Late in the day on August 2, YKHC was notified that an individual who resides in a YKHC service area village tested positive for COVID-19 in Anchorage. While the individual has been out of the region for over two weeks, per State reporting protocols, the positive case will be counted as a YK Delta case. The individual is currently self-isolating in Anchorage. Contact tracing reveals the individual was not in the YK Delta during the period of time they would have been exposed to or considered infectious for COVID-19. More here: <https://www.ykhc.org/one-covid19-case-in-ykdelta-august3/>
- Late in the day on August 3, YKHC was notified that an individual who resides in a YKHC service area village tested positive for COVID-19 in Anchorage. The individual is currently self-isolating in Anchorage. Contact tracing reveals the individual was not in the YK Delta during the period of time they would have been exposed to or considered infectious for COVID-19. Therefore, follow-up testing is being managed in Anchorage and the Alaska Section of Epidemiology will work collaboratively with YKHC for contact tracing. More here: <https://www.ykhc.org/one-covid19-case-in-ykdelta-august4/>
- On August 6, YKHC confirmed a positive COVID-19 case in Bethel of an individual who was identified through rapid testing, in accordance with



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Situation Report (continued)

Health Mandate 18. The individual is not a resident of Bethel, and therefore per State reporting protocols, will not be counted in the YK Delta positive case count. The individual is currently self-isolating and YKHC is working with the State of Alaska Section of Epidemiology to conduct contact tracing, follow-up testing, and ensure precautions are taken to protect people the individual may have been in close contact with. More on this case here: <https://www.ykhc.org/one-covid19-case-in-bethel-august6/>

- On June 25, in consultation with the Alaska Section of Epidemiology, the Napaskiak Tribal Council, City of Napaskiak, and YKHC issued a joint statement about the strong likelihood of sporadic community spread of COVID-19 in Napaskiak. After comprehensive review of data collected during community-based testing, YKHC believes there is no longer sporadic community spread of COVID-19 occurring in Napaskiak at this time. YKHC would like to thank Napaskiak's leadership for implementing community-wide protective measures to help isolate COVID-19 in the village. More on this announcement here: <https://www.ykhc.org/sporadic-community-spread-no-longer-in-napaskiak/>

Resources

- YKHC COVID-19 page: www.ykhc.org/covid-19
- State of Alaska COVID-19 page: covid19.alaska.gov/
- CDC COVID-19 page: www.cdc.gov/coronavirus/2019-ncov/

Contact

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YKHC Incident Command, (907) 543-6275. Currently staffed Mon. – Fri., 8 a.m. – 5 p.m.