



YKHC's vaccination team takes to the ice road in February for a trip to Kwethluk to administer vaccines. Covid Nurse Sarah Lind, Dr. Elizabeth Rroll, and Staci Cameron, FNP. Plow driver Ben Leary from Napaimute's Tumlista piloted the big rig to ensure a safe trip.

At the end of February, nearly half of eligible residents in the YK Delta had received at least one of the COVID-19 vaccination shots. Thanks to this and continued masking, distancing and all the other pandemic precautions, the number of new COVID-19 cases in the region have been declining.

For more about what it will take to open schools again, see page 5.

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COVID-19 RESOURCES

COVID-19 Nurse Triage Line

543-6949

– If you are feeling sick, or seeking medical advice.

Behavioral Health COVID-19 Emotional Support Phone line

543-6272

–Talk to a behavioral health team member and get some help to alleviate your worries.
9 a.m. to 5 p.m., Monday–Friday

Behavioral Health Emergency Services

543-6499

– For suicidal ideation, severe depression, decompensation, or serious issues call 24/7

SAMHSA (Substance Abuse and Mental Health Services Administration) Disaster Distress Helpline

1-800-985-5990

– or text *TalkWithUs* to 66746 to connect with a trained crisis counselor.

YKHC Website

www.ykhc.org/covid-19

Centers for Disease Control & Prevention

<https://www.cdc.gov/coronavirus/2019-nCoV/>

RESOURCES

YKHC main switchboard 543-6000
Toll Free 1-800-478-3321

APPOINTMENTS

Outpatient Clinics 543-6442
Dental 543-6229
Optometry 543-6336
Audiology..... 543-6466

SUBREGIONAL CLINICS

Aniak..... 675-4556
Emmonak..... 949-3500
St. Mary's 438-3500
Toksook Bay..... 427-3500
Hooper Bay..... 758-3500

SERVICES

Inpatient (North Wing) 543-6330
Pharmacy Refill Line 543-6988
Toll Free 877-543-6988
Physical Therapy 543-6342
Women's Health 543-6296
Irrivik Birthing Center 543-6346
Behavioral Health Services 543-6100
BH CRISIS RESPONSE LINE 543-6499
Substance Abuse Treatment 543-6730
Sobering Center 543-6830
Developmental Disabilities 543-2762
Emergency Room 543-6395
Office of Environmental Health & Engineering,
Injury Contro & EMS..... 543-6420

ADMINISTRATION & SUPPORT

Administration..... 543-6020
Human Resources..... 543-6060
Public Relations 543-6013
Travel Management..... 543-6360

The Messenger is a monthly publication produced by the Yukon-Kuskokwim Health Corporation's Public Relations Department as a report to Tribal Members.

For questions, comments, submission of articles, or subscription information, write to Messenger Editor, Yukon-Kuskokwim Health Corporation, P.O. Box 528, Bethel, Alaska 99559; or call 907-543-6039. E-mail: publicrelations@ykhc.org
Deadline is the 15th of the month, or the preceding Friday if the 15th is on a weekend, for publication on the first of the following month.

The Messenger is also available for download on our website at www.ykhc.org/messenger. Please ask permission to reprint articles or pictures.

This institution is an equal opportunity provider.

ATTENTION: If you speak Yup'ik, free translations services are available to you. Call 907-543-6603.

YKHC BOARD OF DIRECTORS

Unit 1



Mary Ayunerak
Alakanuk



Michael Hunt, Sr.
Kotlik

Unit 2



Geraldine Beans
St. Mary's



Photo not
available
John Matt Joe
St. Mary's

Unit 3



Bonnie Persson
Upper Kalskag



Patricia Yaska
Chuathbaluk

Unit 4



Photo not
available
Moses Owen
Akiak



James Nicori
Kwethluk

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Bethel



Alton Alexie
Bethel

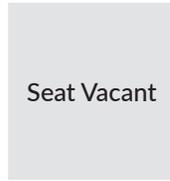


Walter Jim
Bethel



Chris Larson
Napaskiak

Unit 6



Seat Vacant

Unit 7



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Kwigillingok

Unit 8



Abraham David
Mekoryuk



James Sipary
Toksook Bay

Unit 9



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Chevak



John Uttereyuk
Scammon Bay

Unit 10



Darren Cleveland
Quinhagak

Unit 11



Marvin Deacon
Grayling

Honorary Board Member



James Charlie, Sr.
Toksook Bay

Message

from the President & CEO



Dan Winkelman, President & CEO.

As you know, case rates of COVID-19 in the YK Delta have significantly fallen over the last few weeks. Although rates have decreased and schools are beginning to reopen, let's all work together to continue this decreasing trend.

How can we do that?

We can get vaccinated and continue to take COVID-19 precautions—frequently washing hands, universal masking, social distancing and making our social bubbles as small as possible. Everyone practicing these tactics will set the entire region up for success later this year and will help to reduce rates even further. As we have experienced, if we give this virus a chance it will take advantage of our social behaviors.

We continue to strongly encourage vaccination of all eligible individuals—which is anyone 16 and over. In February, we also asked all villages to consent to publishing village vaccination rates in an effort to increase local vaccinations. At the time of publication, we are nearing 10,000 individuals who have received one dose of the vaccine. That's close to 50 percent of the eligible population. Although we are currently leading the State of Alaska with vaccination rates we still have a long way to go and have recently experienced lower vaccination demand region-wide.

Many people have questions about the new variants of the coronavirus. Much research is occurring on this topic and as we learn more, trust that we will share it. What can we do to prevent these variants from taking hold in the YK Delta? It is rather simple—get vaccinated and continue to practice COVID-19 precautions!

Sincerely,

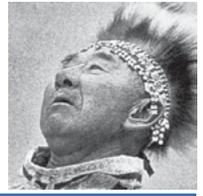
A handwritten signature in black ink that reads "Dan". The signature is stylized with a large, sweeping initial 'D'.



I got my vaccine. I encourage you to get yours.

March 2021

DR. PAUL JOHN CALRICARAQ PROJECT



Guiding Principles: Represent the Y-K region's Culture & Identity | Promote Customer Centered Care | Affordable Cost & Sustainable Operations

PJCP CONSTRUCTION

Installation of the new Cobas 6800 machine in the Lab was planned for early March. The Gathering House space remains open with social distancing protocols in place. The Connector continues to be used for access from the main entry of the clinic to the Emergency Department waiting room, Diagnostic Imaging, and the Servery. All construction trades are working on demobilizing, cleanup and punch-list work in the Central Utility Plant and Penthouse.

HOSPITAL RENOVATION

The new Dining area was opened for access between the Gathering House and Servery this month as the main corridor leading to Diagnostic Imaging. Emergency waiting area was closed on February 1 to begin renovations. Access to these waiting areas will be through Surgery waiting area and the south corridor.

The Café is substantially complete but not yet open for operations. The new morgue was completed and turned over to YKHC at the beginning of February. The old oxygen generator rooms and morgue will be renovated to become part of the material handling and receiving area. Renovations to the mailroom continue. The new hospital Security area, Emergency Department Fast Track, Performance Improvement, Medical Records, and Preventive Care departments had flooring and casework completed in early February with door and hardware installation, cultural graphics, paint touch-up and security access control. Scheduled Substantial Completion inspections will be held in early March.

Rebuilding of the hospital's emergency entry continues with wood and metal decorative ceilings, tile and vinyl flooring, main entry glass doors and decorative glass railings at the indoor ramp. Substantial Completion inspections are scheduled for mid-March.

A staff lounge, conference room, training room, new lockers, restrooms, and workshop for medical equipment maintenance and repair will take over the space of the old pharmacy, where flooring, doors and hardware, restroom fixtures and cultural graphics installation continues through this month. Equipment cabinet and rack installation, sprinkler and fire alarm are complete in the new main Server and Communication room, allowing YKHC's IT Department to start weeks worth of new equipment installation.

The new compressed oxygen storage and compressor rooms are progressing. The new oxygen generator has been installed in its permanent location. Certification of the oxygen and nitrous systems was successfully completed in early February. Renovation of the existing water treatment system is underway. In the Interstitial Space below the hospital floor, plumbing and electrical trades are working on demolition of abandoned materials from the old systems while new lighting and the fire alarm system installation occurs.



"Migrating with the Seasons" artwork (Artist Scott Clendaniel) at 2nd floor landing of the Clinic



Setting new light poles in hospital parking lot.



New Dining area and Café attached to Servery

COVID-19 UPDATE

On February 12, 2021 the Centers for Disease Control and Prevention (CDC) issued new recommendations for the safe delivery of in-person instruction in K-12 schools. Based on this updated guidance and feedback from stakeholders, YKHC updated its recommendations for school re-openings.

For a complete review of YKHC’s formal recommendations for school districts, visit <https://www.ykhc.org/covid-19/resources>.

Indicators of Community Transmission

One step in determining when to reopen schools for in-person learning is understanding COVID-19 transmission in the community.

The CDC recommends two measures to assess the risk of transmission—total number of new cases in the past seven days and the percentage of positive tests during those days. YKHC recommendations consider those measures, as well as additional factors based on feedback from stakeholders.

The indicators of community transition and related thresholds used in YKHC’s recommendations are summarized in the chart below.

Indicators and Thresholds for Community Transmission of COVID-19

Indicator	Moderate Transmission Yellow	Substantial Transmission Orange	High Transmission Red
Total new cases per 100,000 persons in the past 7 days	<50	50-99	≥100
Percentage of antigen tests that are positive during the past 7 days	<4%	4.0%-4.9%	≥5%
Percentage of eligible population that has been vaccinated	50%	30%	0%
Households with positive cases in the past 7 days - sub-region	1 household	2 households	≥3 households
Local cases	0	0	0

Mitigation strategies

Another essential step towards school reopening is ensuring mitigation strategies are in place in schools. Mitigation strategies are practices to reduce the transmission of COVID-19.

YKHC recommends that all mitigation strategies listed below be in place before a school considers in-person learning. Special attention should be given to universal and correct use of masks and maximizing physical distancing.

Masks: Students, teachers, and staff should wear masks that cover their nose and mouth at all times, even when physically distancing from others.

Physical distancing: Schools should promote physical distance of at least six feet between people. This should be considered a minimum distance; more distance is better.

Quarantine: All guidelines for quarantine after travel and after exposure should be followed by the community.

Cohorts: Schools are encouraged to use cohorts, hybrid learning or reduced attendance as needed to maximize physical distance between students. Schools should provide families the option to participate in virtual learning if a student or family member is at risk of severe illness from COVID-19.

Testing: YKHC recommends schools conduct weekly screening tests with all students and staff to help identify cases early and minimize secondary transmission.

Vaccines: Vaccines are a powerful tool for preventing COVID-19 infections. Communities should work towards getting every eligible person vaccinated as quickly as possible. To request a vaccination appointment, please submit a vaccine application at <https://tinyurl.com/y7reeyst>.

Operational Planning

Once a community has reviewed transmission indicators and established all mitigation strategies, schools should en-

See COVID-19 UPDATE, p. 6

COVID-19 UPDATE, from p. 5

act the appropriate operational plan for their community based on their transmission status.

Schools in communities with **moderate transmission** can plan for K-12 to open for full in-person instruction. Sports and extracurricular activities should occur only with masks and physical distancing.

Schools in communities categorized as having **substantial transmission** should plan for K-12 to open in hybrid mode. Sports and extracurricular activities should occur only with masks and physical distancing.

In communities with **high transmission**, elementary schools can open for in person learning. Middle and high schools should operate in virtual only instruction unless they can strictly implement all mitigation strategies and have few cases. ("Few cases" is defined as no local cases and fewer than three households with cases in their sub-region.) No in-person sports and extracurricular activities should occur.

It is our belief that during a global pandemic there is no low-risk situation associated with schools having in-person learning in the YK Delta. Even with no active cases in the Delta, we would continue to recommend all schools operate in moderate risk status until cases drop across the U.S.

By using these guidelines and employing mitigation strategies, teachers and school administrators can create a plan to safely return to in-person schooling for our kids.



Wilson Nicolai gets vaccinated with Dr. Elizabeth Roll at the Kwethluk Bingo Hall.

PANDEMIC NEWS

YK Delta sees declining case rates

As of the end of February, COVID-19 cases on the YK Delta were at the lowest point since last year. This is great news!

Vaccinations, regular testing, masking, hand-washing, social distancing and keeping your social circles small are all factors that contributed to this decrease in cases. We know that these COVID-19 prevention strategies work and we must stay vigilant about practicing them.

Increased testing at YKHC facilities

YKHC is now offering COVID-19 testing to every person visiting a YKHC facility in the Delta.

In clinics, results will usually be available before the appointment ends. At the hospital, people who test positive will be notified. Due to the large volume of testing at the hospital, individuals who test negative will not be contacted.

People who have received one or both shots of the COVID-19 vaccine should be tested. Patients who have previously tested positive for COVID-19 should wait three months before getting tested again.

New guidance on quarantine for vaccinated persons exposed to COVID-19

[Following new guidance from the CDC*](#), YKHC is now changing its quarantine guidance for vaccinated individuals who were exposed to someone with a suspected or confirmed case of COVID-19. These individuals are not required to quarantine if they meet all of the following criteria:

- They are fully vaccinated (greater than two weeks following receipt of the second dose in a two-dose series).
- Are within three months following the last dose in the series.
- Have remained asymptomatic since the exposure.

Targeted testing will still be performed for exposed person in accordance with YKHC guidance. Recommendations for non-vaccinated individuals exposed to COVID-19 have not changed.

* <https://www.cdc.gov/vaccines/covid-19/info-by-product/clinical-considerations.html>

This is Our Shot!

To end COVID-19

To re-open our schools

To save our elders & culture bearers



Our communities need as many people vaccinated as possible.

Each person vaccinated is one step closer to our normal way of life.
It's OK to have questions about the COVID-19 vaccine! YKHC is here to help.

✓ It is safe for you to get the COVID-19 vaccine.

✓ The vaccine will help slow the spread of COVID-19 in our region.

✓ Most people do not experience side effects, and if they do, side effects are almost always mild and disappear within 48 hours.

✓ If you have had COVID-19 already, you are not immune from getting it again in the future. Only the vaccine can prevent severe illness or death from COVID-19.

✓ The vaccine is 95% effective at preventing severe illness or death from COVID-19.

✓ There have been very few allergic reactions (or adverse effects) and no deaths from the vaccine.

✓ The vaccine was developed thoroughly and safely, and was promptly approved to help get it out to people quickly.

You can protect yourself and your community and help us get back to normal.

Apply for your vaccine today

ykhc.org/covid-19

Call 1-800-478-6599
if you need assistance signing up.



HEALTHY LIVING

March is National Nutrition Month! This is a great time of year to take a look at what you are eating and drinking to make sure that you and your family are staying as healthy as possible.

This year, we would like to focus on personalizing your plate by ensuring that you eat a variety of nutritious foods every day. Below are some helpful tips for healthy eating from the Academy of Nutrition and Dietetics!

Include healthful foods from all food groups

It is important to eat a well-balanced meal so that your body receives all of the nutrients it needs to stay healthy. This means making sure that you and your family consume all of the different types of foods found on the MyPlate. This includes fruits, vegetables, proteins, grains, and dairy—all different categories of foods with different health benefits.

It is recommended that you focus on whole fruits, eat a variety of vegetables, and make half of your grains whole grains. Additionally, you should try to switch up what you choose as a protein each day and move to low-fat or fat-free dairy products. Doing so will help you get the health benefits associated with a variety of different foods.

Hydrate healthfully

Did you know that one can of pop has more sugar in it than any one person should be consuming in a day? The American Heart Association (AHA) recommends consuming no more than half of your daily calories from added sugar per day. For women, that usually means no more than six teaspoons



of added sugar per day and for men this usually means no more than nine teaspoons per day. One can of Coca Cola contains approximately 10 teaspoons of sugar! It's also important to note that it is not just pop that has added sugars—there are lots of sugar sweetened beverages that can surprise us! For example, a bottle of Gatorade has about 12.5 teaspoons of sugar, which is even more than a can of Coke! Be mindful of what drinks you and your family are consuming and how much sugar they contain. The best way to hydrate healthfully is to drink water!

Avoid distractions while eating

Being distracted while eating can lead to overconsumption. It is important that you focus on your food and take slow, deliberate bites. This will not only help you enjoy what you are eating, but it will also help you recognize when you start to feel full. This is a cue that it is time to stop eating. When we are distracted it is much easier to eat until your plate is empty, which may lead to eating more than we actually need to feel satisfied.

For more information, check out <https://www.eatright.org/food/resources/national-nutrition-month!>

Your flu shot protects me, my flu shot protects you.

YKHC urges all residents of the YK Delta to receive their flu shot this season.

COVID-19 and the seasonal flu have very similar symptoms. Simultaneous COVID-19 and flu outbreaks in our communities this winter could easily overwhelm local medical capacity. You can help prevent this from happening, while protecting the health of yourself and others, by receiving your flu vaccine.



RECIPE OF THE MONTH

HAMBURGER SOUP

Serves 10. Serving size: 1 cup.
Per serving: 130 calories, 10.3g protein, 5.6g fat, 9.7g carbs.

Ingredients

- 1 lb. lean ground beef, caribou or moose
- ½ cup chopped onion
- ½ cup chopped celery
- 2 10 ¾ oz. cans of low-sodium, low-fat Tomato Soup
- 1 10 ¾ oz. can of low-sodium, low-fat Cream of Mushroom Soup
- 2 cups water
- 1 tsp. instant beef bouillon
- 2 cups grated carrots
- ½ to 1 tsp. marjoram leaves (crushed)
- Tabasco Sauce (optional)



Instructions

Brown beef, onions and celery – drain well. Add the rest of the ingredients and cover pot. Simmer over low heat for 45 minutes or until carrots are tender and hot.

Note: Additional vegetables may be added as desired. Try adding frozen or canned corn, mixed vegetables, green beans, tomatoes, chopped zucchini, etc. Other ingredients may also be substituted as needed.



Young people want to shape the world. Camp Fire provides opportunities for youth to find their spark, lift their voice, and discover who they are. Want to be a part of something amazing by connecting youth and your community to Camp Fire this summer? Apply for this position today!



2021 SUMMER

Participate in remote (phone and/or online) job specific and professional development trainings without leaving your community.

Applications are done online. Visit our website: www.campfireak.org and click the "Jobs" button on the homepage.



Work with Camp Fire this Summer!

GOAL

Bring all the fun of summer camp to kids in rural Alaska.

WHERE

Akiak, Aniak, Chevak, Crooked Creek, Chuathbaluk, Hooper Bay, Kongiganak, Kwigillingok, Lower Kalskag, Marshall, Napaskiak, Napakiak, Pitkas Point, St Mary's, Tuntutuliak, Alakanuk, Kotlik, Tununak, Upper Kalskag, Toksook Bay, Kwethluk and Atmautluak, Mountain Village, Akiachak and Tuluksak

WORK

15-20 hours per week & Flexible schedule working with Camp Fire leadership and a designated community contact at the Tribal Office to determine the best schedule for you and your community.

PAY

\$15 per hour.

DUTIES

The Camp Fire Rural Distributor will work in their home communities to coordinate and distribute various Camp Fire supplies such as Youth Activity Kits, Family Activity Kits, Elder Care Packages, Youth Meals, Fresh Produce, and other resources.



@campfireak

CHAP NEWS

Community Health
Aide Program

HEALTH AIDES OF THE MONTH: November 2020—Pilot Station Health Aides

The Pilot station Health Aides are Bobby Heckman, CHP; Danielle Beans, CHP; Gwendolyn Heckman, CHP.

Pilot Station was experiencing an outbreak of COVID-19 in November 2020. While the community was dealing with an outbreak, our Health Aides went over and beyond caring for a COVID-19 positive patient.

The weather was preventing the medevac crew from flying out to transport the patient for higher care. The Health Aides, Bobby Heckman, Danielle Beans, and Gwendolyn Heckman, cared for the patient for 72 hours. They all worked together taking their time to care for the patient.

It is with great gratitude here at CHAP that we commend the Pilot Station Health Aides for their dedication to care for the community members of Pilot Station. Qu yana Cakneq.

—Richard Lincoln III



The Pilot Station Health Aide Team.

Do you want to be a Dental Health Aide Therapist?

YKHC is offering scholarships for the
two-year DHAT training program

Would you like a key role in building
a better future for our children?

Are you skilled with your hands?

Do you like working closely with people?

Are you seeking a great, full-time professional job?

Scholarship includes

- School Tuition
- Housing Allowance
- Money for Living Expenses

Four-year payback obligation
applies.

Successful completion of
DHAT training can result in
an associate's degree.



Ruby Okitkun, DHAT, Emmonak.

Application and more information available at

www.ykhc.org/dhat Or call (907) 543-6251

Apply by March 21, 2021



YKHC

YKHC BOARD OF DIRECTORS SUPPORTS SOVEREIGNTY OF THE YK DELTA'S EXISTING 58 TRIBES

At its annual meeting Nov 17-19, the YKHC Full Board of Directors voted unanimously to oppose the formation of a Regional Tribal Government in the YK Delta. Pursuant to this direction, the YKHC Executive Board of Directors met on January 22, 2021, and adopted YKHC Resolution No. 2021.01.01, a Resolution Opposing the Formation of a Regional Tribal Government in the YK Delta.

For nearly 30 years, and most recently in 2013, efforts have been made by several entities, including the Calista Corporation, to form, or to encourage the formation of, a new regional tribal government in the Yukon-Kuskokwim Delta. In January 2014, the YKHC Board of Directors passed a resolution which stated that a single regional tribe was not in the best interests of YKHC, and it strongly opposed the efforts.

Over the past several years, Calista and others have renewed their campaign to create one new YK Tribe. As noted in media reports, Calista engaged an outside consultant to assist in these efforts. According to the consultant, a regional tribal government would put it in better position to develop large resource projects like the Donlin mine (See <https://www.kyuk.org/post/calista-corporation-leads-effort-regional-tribal-government>). Calista prepared a draft constitution and a draft resolution to facilitate the creation of this new YK Tribe, apparently for this purpose.

It would be impossible for a new regional YK Tribe with broad executive, legislative, and judicial branch power and authority to not impact and diminish the sole sovereignty of individual tribes.

As noted by the YKHC Board, YKHC's 58 member tribes have functioned as autonomous tribal entities throughout history; they consist of distinct communities which govern and maintain political influence or authority over their members as single autonomous political entities—and their members have descended from these historic tribes.

In addition, YKHC's 58 member tribes are already federally recognized tribes as determined by the Department of Interior and evidenced by the Department's 1993 list of all tribes which the Secretary of Interior recognized to be eligible to receive services from the United States because of their status as tribes. The United States Congress subsequently ratified the Department of Interior's federal recognition of these tribes, evidenced by Congress' enactment of the Federally Recognized Indian Tribe List Act of 1994.

Moreover, considering the YK Delta's large geographical size; diversity of environments; diversity of tribes; diversity of distinct political communities; diversity of language dialects; diversity of cultures, dances, foods, histories and ways

of knowing, there is no basis in either federal Indian law or policy to support the creation of a new, single regional tribe in the YK Delta.

As a result, the YKHC Board expressed its continued support for its 58 member tribes exercising governmental authority over their own villages and members, and not a single distant regional tribe making decisions about villages and people with whom it has no relations to or political ties.

The YKHC Board expressed its opposition to Calista's draft resolution and constitution, and any other effort by any entity that would encourage the establishment a single regional tribe in the YK Delta.

The YKHC Board forwarded its resolution and a draft resolution in opposition to the formation of a regional tribal government to the tribes for review and consideration at the next meeting of their tribal governments.

TULUKSAK WATER UPDATE

YKHC Remote Maintenance Workers (RMW) and Tuluksak workers were able to get water service back to the school in Tuluksak early Friday, February 19.

The temporary system draws water from the Tuluksak river and transfers it to the school where it is treated with a series of cartridge filters and chlorine before being distributed around the school.

Although treated, the water is considered non-potable at this point, and is primarily for providing sprinkler protection at the school, flush toilets, and showers.



Fire destroyed the Tuluksak water plant in January.

WHO'S COMING TO A CLINIC NEAR YOU?

The following providers will be bringing healthcare services closer to your home in the coming months. To schedule an appointment time, contact your village health clinic.

Dates are subject to change dependent on weather or other scheduling issues.

March

Dental

Chevak: Sadie Green, DHAT + DA.....	3/1-5
Hooper Bay: Janette Ulak, DHAT.....	3/1-5
Pilot Station: Bernadette Charles, DHAT + DA.....	3/15-19
Nunam Iqua: Bonnie Hunt, DHAT + DA.....	3/22-26
Hooper Bay: Janette Ulak, DHAT.....	3/22-26
Holy Cross: Katherine Levi, DHAT & DA.....	3/22-25

Family Medicine

Shageluk: Rachael Youngblood, FNP & CHAP.....	3/8-10
Anvik: Rachael Youngblood, FNP & CHAP.....	3/11-12
Lower Kalskag: Colleen Britt, FNP & CHAP.....	3/22-25
Stony River: Colleen Britt, FNP & CHAP.....	4/5-7

Optical

Kasigluk: Eye Exams: Brian Blum, Optometrist.....	3/8-12
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April

Dental

Anvik: Katherine Levi, DHAT & DA.....	4/5-8
Hooper Bay: Janette Ulak, DHAT.....	4/12-16
Hooper Bay: Janette Ulak, DHAT.....	4/26-30
Sleetmute: Katherine Levi, DHAT & DA.....	4/26-29

Family Medicine

Sleetmute: Colleen Britt, FNP & CHAP.....	4/8-9
Chevak: Rebekah Diky, PAC.....	4/12-15
Holy Cross: Rachael Youngblood, FNP & CHAP.....	4/13-14
Grayling: Rachael Youngblood, FNP & CHAP.....	4/15-16
Upper Kalskag: Colleen Britt, FNP & CHAP.....	4/19-23

May

Dental

Grayling: Tamija Woods, DHAT & DA.....	5/3-6
Hooper Bay: Janette Ulak, DHAT.....	5/17-21
Chuathbaluk: Tamija Woods, DHAT & DA.....	5/17-20

Family Medicine

Russian Mission: Rachael Youngblood, FNP & CHAP.....	5/10-13
Lower Kalskag: Colleen Britt, FNP & CHAP.....	5/17-20
Chevak: Sandy Beeman, PAC.....	5/24-27